

## **CURRICULUM VITAE**

### **I. EDUCATION AND TRAINING**

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|--------------|--|
| 2009-Current | DBA program, Swiss Management Center, Switzerland.   |
| 2008-Current | The Stanford Advanced Project Management Certificate program, USA.   |
| 2003-2005    | Executive MBA, The International University of Monaco. Monaco, France.   |
| 1997-2001    | Postgraduate Course in Advanced Geriatrics & Medical Gerontology European Academy for Medicine of Ageing.              |
| 1998         | Second International Program International Leadership Academy July 3-31. The United Nations University, Amman, Jordan. |
| 1991-1993    | Fellowship in Geriatrics, The University of Arizona, Tucson, Arizona, USA.   |
| 1991-1992    | Fellowship Program in Faculty Development, The University of Arizona , Tucson, Arizona, USA.                           |
| 1990         | Postgraduate course in STD, Postgraduate Medical Federation University of London, 3/90-6/90. London, UK.               |
| 1987-1988    | Master in Public Health, American University of Beirut Beirut, Lebanon   |
| 1986-1990    | Internship and Residency in Family Medicine, American University of Beirut Medical Center, Beirut, Lebanon.            |
| 1982-1986    | MD, American University of Beirut Medical Center, Beirut, Lebanon.   |
| 1979-1982    | B.Sc. Biology (with Distinction), American University of Beirut, Beirut, Lebanon.                                      |

*Special Training*

- 2012                    Strategy Implementation: Common Challenges & Best Solutions. Safadi Foundation , 23-24 August , Tripoli, Lebanon.
- 2008                    Advanced Project Management. Converting Strategy Into Action. Stanford Center for Professional Development. Stanford University. USA.
- 2008                    Advanced Project Management. Leadership for Strategic Execution. Stanford Center for Professional Development. Stanford University. USA.
- 2007                    European Health Leadership Programme. INSEAD on the Fontainebleau campus. France, 16-27, July.
- 2007                    Executive course “Mastering new challenges of Health care” Institute of health economics and management and Harvard Medical International. Lausanne , Switzerland, May 21-25.
- 2007                    Disaster and Emergency Planning Workshop. Institute for Disaster Medicine at Tuebingen Univesrity, Germany. Health Authority Abu Dhabi. Abu Dhabi, UAE, May 01.
- 2005                    Leadership Health Care Quality training conference. American University of Beirut General Authority for Health Services. Abu Dhabi, UAE, December, 11-13.
- 2003                    International Award in Advanced Cosmeceutical Application Techniques Janssen Advanced Skin Care Academy. Aachen-Germany, August 3-8.
- 2001-2003            Distance Learning Course for the training of UNESCO LEADERS CDFAUN. UNESCO Training Center. Florida Eskola - San Sebastián. Spain.
- 1999                    Alzheimer University Course-Building Alzheimer Association Internationally. Alzheimer Disease International. London, UK, June 25-28.

curriculum Vitae

A. Abyad, MD., MPH., MBA., AGSF, AFCHSE

- 1994-1995      The Apprentice Reviewer Program of the Family Practice  
Research Journal. U.S.A.
- 1988            Family Medicine for the mentally retarded and handicapped  
children. American University of Beirut. Beirut, Lebanon,  
July 1-30.
- 1990            Palliative Care, St. Barnabus' Hospice. Sussex, U.K, May 1-  
31.

curriculum Vitae

A. Abyad, MD., MPH., MBA., AGSF, AFCHSE

***World Bank And United Nation Training***

- 2007 Introduction to Education and Statistics Indicators. World Bank web course.
- 2006 Decentralization and Intergovernmental Fiscal Reform. World Bank web course. April 3-June 12 .
- 2005 Corporate Social Responsibility in Asia and the Pacific. The United Nations Economic and Social Commission for Asia and the Pacific, the International Trade Center of UNCTAD/WTO, and World Bank Institute Corporate Governance and Corporate Social Responsibility. 18 April - 1 May.
- 2004 Building Inclusive Financial Sectors for Development: Widening Access, Enhancing Growth, Alleviating Poverty. The United Nation Capital Development Fund, the Financing for Development office of the United Nations Department of Economic and Social Affairs , and the Private Sector Development Program of the World Bank Institute
- 2003 Introduction to Corporate Social Responsibility and Sustainable Competitiveness: Joint Japan/World Bank Graduate Scholarship Program. August 21- October 24.
- 1998 The United Nations University , International Leadership Academy Second International Program. July 3-31.

***Continuing Professional Development***

- 2011 InterRAI meeting 2011. Institut für Biomedizin des Alterns, Heimerichstraße. Nuremberg, Germany, May 22-25.
- 2007 Successfully Implementing Hospital Information Systems workshop Sept 5. Information Technology in Health Care. Abu Dhabi National Exhibition Center. Abu Dhabi, UAE. Sept, 2-6.
- 2007 Hospital Design & Upgrade Conference 2007. Dubai International Exhibition Center. Dubai, UAE, 28 Jan- 1Feb.
- 2005 The Challenge of HIV/AIDS: Thinking further ahead, 21<sup>st</sup> Century Trust and Cumberland Lodge. Cumberland Lodge, Windsor Great park, UK, July, 18-22.
- 2005 Evidence based medicine in Mood Disorders, Lundbeck Institute. Denmark, April, 11-15.
- 2005 The Arab Conference on Alzheimer's Disease. Beirut, Lebanon, March, 2-4.
- 2005 Treatment strategies in the Management of refractive depression. Dubai, UAE, Feb, 24.
- 2005 The First International CGSD Conference-Arab health. Dubai, UAE. Feb, 13-15.
- 2004 European academy for Medicine of Aging Network meeting. Sion, Switzerland, June, 24-25.
- 2003 Special Interest Group in Psychiatry & Neurology WONCA-Meeting in Milan. Milan, Italy, Sept, 26-28.
- 1998 People and their Family Doctors, 15<sup>th</sup> World Conference. World Organization of National Colleges and Academies of Family Medicine, WONCA. Dublin, Ireland, June, 14-18.
- 1998 The Elderly People and Their Quality of Life. 1<sup>st</sup> Viennese International Geriatric Congress. Vienna, Austria, May, 8-9.

curriculum Vitae

A. Abyad, MD., MPH., MBA., AGSF, AFCHSE

- 1998 World-wide Revolution in Longevity. Quality of life: Opportunities, Challenges and Responses. 3<sup>rd</sup> International Congress by the International Council for Global Health. UNESCO. Paris, France, May, 18-20.
- 1996 All Antagonists: From Basic Research to Clinical Practice. MSD University Conference. Limassol, Cyprus, May, 4-5.
- 1995 11<sup>th</sup> Pan Arab Hypertension Congress. American University of Beirut. (Printania, Bramana). Beirut, Lebanon, July 30-Aug 3.
- 1995 The Sixth International Health & Hospitalization Congress. Health Security...Quality & Cost. The Syndicate of Hospitals in Lebanon. City Exhibition Center, Martyr Square Beirut. Beirut, Lebanon, Oct, 10-14.
- 1995 14<sup>th</sup> WONCA World Conference " Family Medicine Meeting New Challenges" Hong Kong Convention & exhibition Center. Hong Kong, June 10-14.
- 1994 Faculty Development Track in Community Health. 13<sup>th</sup> Annual Northeast Regional Meeting of the Society of Teachers of Family Medicine. " Looking beyond The Office.. Family Medicine & Community Health". Philadelphia, U.S.A. Oct 27-30.
- 1993 Quality of Care in Family Medicine/General Practice, WONCA/SIMG Congress. The Hague, The Netherlands. June 13-17.
- 1993 Geriatric Medicine Update, Mental Health in the Elderly, The University of Arizona ,Health Sciences Center. Tucson, Arizona, U.S.A. Mar 12.
- 1993 Geriatric Medicine Update and Certification Exam Review Course, The University of Arizona, Health Sciences Center. Tucson, Arizona, U.S.A. Feb, 27-29.

curriculum Vitae

A. Abyad, MD., MPH., MBA., AGSF, AFCHSE

- 1993 Geriatric Rheumatology and Rehabilitation. The University of Arizona, Health Sciences Center. Tucson, Arizona, U.S.A. Feb, 19-20.
- 1992 Teaching Each Other, AzAFP's-43 Annual Scientific Assembly and Exhibition. Scottsdale, Arizona, U.S.A. 27<sup>th</sup> Feb-1<sup>st</sup> March.
- 1992 Psychopharmacology Review: Current Clinical Practice. The University of Arizona, Health Sciences Center. Tucson, Arizona, U.S.A. Jan, 27-31.
- 1991 44th Annual Meeting of the Gerontological Society of America. San Francisco, California, USA. Nov, 22-24.
- 1991 Medical Ignorance: The Problems and the Challenge. The University of Arizona, Health Sciences Center. Tucson, Arizona, U.S.A. Nov, 14-16.
- 1991 Geriatrics: Dilemmas and Solutions, Arizona Geriatric Society. Mesa, Arizona, U.S.A. Oct, 25-26.
- 1991 New Perspective in the Treatment of Rheumatic Disease,. The University of Arizona Health Sciences Center. Tempe, Arizona, U.S.A. Sept, 28.
- 1991 Contraceptive Update. Arizona Chapter, American Academy of Family Physicians, Tucson, Arizona, U.S.A. 24<sup>th</sup> Aug.
- 1991 New Advances in Common Neurological Disorders. University of California, San Diego, U.S.A. Aug, 1-3.
- 1991 Annual Scientific Meeting of the American Geriatric Society ( 48<sup>th</sup>), Chicago, Illinois. USA. May, 9-12.
- 1991 Recent Advances in Gastroenterology. The University of Arizona ,Health Sciences Center. Tucson, Arizona, U.S.A. 27<sup>th</sup> April.

curriculum Vitae

A. Abyad, MD., MPH., MBA., AGSF, AFCHSE

1991                      Law and Family Medicine, Faculty Development Workshop,  
The University of Arizona Health Sciences Center. Casa  
Grande, Arizona, U.S.A. April, 12-13.

*Computer Skills*

Ms Excel , Word , Visio, Project, Power Point, Access  
SPSS statistical package  
Epi Info statistical package  
Quick book pro  
Digital libraries  
Running E-courses  
Website development  
Health Management software



curriculum Vitae

A. Abyad, MD., MPH., MBA., AGSF, AFCHSE

## **II. PROFESSIONAL EXPERIENCE**

### ***Current***

- 1997-Present Director, Abyad Medical Center. Tripoli, Lebanon.
- 2005-Present Chairman, Middle East Association of Aging and Alzheimer.
- 2008-Present Dean, Multimedia Medical University , Australia.
- 2002-Present Short term Consultant with World Health Organisation .
- 2002-Present Director, Middle East Longevity Institute, Tripoli-Lebanon.
- 1996-Present Regional Medical Advisor of MEDEX: Worldwide traveller's assistance.
- 1995-Present Coordinator, International Association For Medical Assistance to Travellers IAMAT.

### ***Past***

- 2007-2010 CEO/General Manager. Social Services Association (A 300 bed geriatric/psychiatric/rehabilitation hospital). Tripoli, Lebanon.
- 2006-2007 Team Leader CME/CPD (including postgraduate medical education and professional training program). General Authority for Health Services for the Emirate of Abu Dhabi. Abu Dhabi, UAE.
- 2004-2006 Family Medicine Specialist, Primary health Care Department General Authority for Health Services for the Emirate of Abu Dhabi. Abu Dhabi, UAE.
- 1995-2003 Coordinator, Ain & Zein Comprehensive Geriatric Program Ain & Zein Hospital. Chouf, Lebanon.
- 1993-1996 Assistant Professor, Department of Family Medicine American University of Beirut. Beirut, Lebanon
- 1992-1993 Clinical Assistant V (Assistant Clinical Lecturer), Arizona Center on Aging ,the University of Arizona Health Sciences Center. Tucson, Arizona, U.S.A.

curriculum Vitae

A. Abyad, MD., MPH., MBA., AGSF, AFCHSE

1991-1992 Clinical Assistant IV (Assistant Clinical Lecturer), Arizona Center on Aging ,the University of Arizona Health Sciences Center. Tucson, Arizona, U.S.A.

1990-1991 Instructor, Department of Family Medicine , American University of Beirut, Lebanon. Beirut, Lebanon

### **III. PROFESSIONAL ACTIVITIES**

#### **Administrative Responsibilities**

Chief Editor, Journal of Psychiatry & Alzheimer's since 2010.  
Dean, Multimedia Medical University, Australia since 2009.  
Associate Editor, Middle East Journal of Internal Medicine, since 2009.  
Coordinator, Network on Elderly Care Services since 2008.  
Coordinator, Middle East Network on Aging Research since 2006.  
Coordinator, Middle East Primary Care Research Network, since 2005  
Chairman, Middle East Academy for Medicine of Ageing since 2002.  
Chief Editor, Middle East Journal of Nursing since 2007.  
Editor, Middle East Journal of Business, since 2005.  
Chief Editor, Middle East Journal of Age & Aging-MEJ-AA since 2004.  
Chief Editor, Middle East Journal of Family Medicine MEJFM since 2003.

#### **Administrative Activities**

Dean, Multimedia Medical University, 572 Burwood Road Hawthorn 3122 AUSTRALIA since 2008.

CEO/General Manager Dar Al Khadamat AL Ijtamieh (300 bed Geriatric/psychiatric/rehabilitation hospital). Tripoli-Lebanon since Nov 2007.

Team leader of the CME/CPD section at the General Authority for health services for the Emirates of Abu Dhabi. Abu Dhabi, UAE. 2006-2007.

Administrative responsibilities as family medicine consultant within primary health care department in the General Authority for health services for the Emirates of Abu Dhabi. Abu Dhabi, UAE. 2004-2006.

Director, Abyad Medical Center. Tripoli, Lebanon. 1997-Present.

Director, Middle East Longevity Institute. Tripoli, Lebanon since 2004.

curriculum Vitae

A. Abyad, MD., MPH., MBA., AGSF, AFCHSE

Coordinator, Ain Wazein Comprehensive Geriatric Program. Chouf, Lebanon. 1995-2003.

Coordinator for Residency training. Department of Family Medicine, American University of Beirut, Medical Center (AUBMC). Beirut, Lebanon, 1990-1991.

Coordinator Introduction to Family Medicine course within the Department of Family Medicine. American University of Beirut Medical Center (AUBMC). Beirut, Lebanon, 1993-1996.

Coordinator for Med. IV rotation in the Department of Family Medicine. American University of Beirut Medical Center (AUBMC). Beirut, Lebanon, 1993-1996.

Coordinator for Community Medicine Course, given to second year and third year residents within the department of Family Medicine. American University of Beirut Medical Center (AUBMC). Beirut, Lebanon, 1990, 1993, 1994.

### **Service Development and Consultation**

Establishment of the First Alzheimer's Unit in the Middle East at the Social Service Association. Tripoli, Lebanon, Aug 2009.

Establishment of Network on Elderly Care Services 2008.

Establishment of Middle East Network on Aging Research (MENAR) 2006.

Technical Review to determine the timing of operations of the Primary Health Care Centers in the Emirate of Abu Dhabi. General Authority for health services for the Emirates of Abu Dhabi. Abu Dhabi, UAE, 2006.

Visiting Consultant to the Department of Geriatrics, Hamad Medical Corporation. Doha, Qatar, Dec 17-22, 2005.

Establishment of Middle Middle East Primary Care Research Network, (MEPCRN), in 2005.

Integration of School Health Program within Primary Health Care in the Emirate of Abu Dhabi. General Authority for health services for the Emirates of Abu Dhabi. Abu Dhabi, UAE, 2005-2006.

curriculum Vitae

A. Abyad, MD., MPH., MBA., AGSF, AFCHSE

Strengthening of Maternal and Child Health within Primary Health Care in the Emirate of Abu Dhabi. General Authority for health services for the Emirates of Abu Dhabi. Abu Dhabi, UAE, 2005-2006.

Development of Strategic Plans for restructuring of Primary Health Care Services in the Emirate of Abu Dhabi. General Authority for health services for the Emirates of Abu Dhabi. Abu Dhabi, UAE, 2004-2006.

Proposal for the evaluation and upgrading of physicians skills within primary health care centers for the Emirate of Abu Dhabi. General Authority for health services for the Emirates of Abu Dhabi. Abu Dhabi, UAE, 2004.

Consultation visit with WHO to Kuwait to assess the health care services for the elderly in Kuwait. Kuwait, April 20-27, 2002.

Establishment of Middle East Academy of Medicine of Aging in 2002.

WHO-EMRO regional office observer of the conference in Iran on elderly issues. Problematiques des Sante Des Personnes Agees En Iran Et Autres Horizon. Tehran-Iran, 1-2 October 2002.

Residents lectures and supervision for two weeks. Department of Family Medicine Qatar. Doha , Qatar. Feb 12-24<sup>th</sup>, 2002.

Introduction to Family Medicine Course. Two weeks of lectures, seminars and direct residents supervision of patient care. Department of Family Medicine Qatar. Doha, Qatar, Oct 12-24<sup>th</sup>, 2001.

One week lectures and supervision of third year resident at Qatar Family Medicine Residency Program. Doha, Qatar, Nov, 1998.

Family Medicine Residency Program. Primary Health Care Unit, Ministry of Health. Doha, Qatar, Nov, 1997.

Abyad, A.; Antun F. Development of an Ideal comprehensive Psychogeriatric services in Ain & Zein community hospital in Chouf area in Lebanon-1995.

Abyad, A.; Antun, F. Psychogeriatric as part of Comprehensive Geriatric Program at Ain & Zein Community Hospital. Chouf, Lebanon. Report I & II Submitted for WHO for possible collaboration-1995.

curriculum Vitae

A. Abyad, MD., MPH., MBA., AGSF, AFCHSE

UNECIA, Universities of England Consortium for International Activities.  
Registered consultant since 1994.

Introduction to Family Medicine , Department of Family Medicine, University of Amman, in collaboration with the Department of Family Medicine, Brown University/Memorial hospital of Rhode Island, USA. Amman, Jordan, Jul,1-15, 1994.

Medical Consultant/Media Committee in the Health Education Research Unit in the Department of Public Health at the American University of Beirut Medical Center (AUBMC). Beirut, Lebanon, 1990-1991.

### **Policy Development**

Develop human resources policies for Social Service Association. Tripoli, Lebanon, 2009.

Develop Admission policies for Social Service Association Hospital. Tripoli, Lebanon, 2009.

Develop accreditation standards and policies for teaching hospital in the Emirate of Abu Dhabi. General Authority for health services for the Emirates of Abu Dhabi. Abu Dhabi, UAE, 2006.

Established “minimum requirements” for health professional development in the form of continuing education that is linked to licensure. General Authority for health services for the Emirates of Abu Dhabi. Abu Dhabi, UAE, 2006.

Develop all policies that are related to continuing educational activities for health professional for the Emirate of Abu Dhabi. General Authority for health services for the Emirates of Abu Dhabi. Abu Dhabi, UAE, 2006.

Development of Clinical Guidelines & Protocols for Primary Health Care. General Authority for health services for the Emirates of Abu Dhabi. Abu Dhabi, UAE, 2005-2006.

### **Operation and Procedure**

Development of the new medical file for the inpatient and outpatient units of the Social Services Association Hospitals. Tripoli, Lebanon, 2008.

## curriculum Vitae

A. Abyad, MD., MPH., MBA., AGSF, AFCHSE

Development of the new medical forms for primary health care for Primary Health Care, School Health and Home care PHC/SHP/HC. General Authority for health services for the Emirates of Abu Dhabi. Abu Dhabi, UAE, 2004-2006.

Training of Physicians/Nurses on the new medical forms developed PHC/SHP/HC. General Authority for health services for the Emirates of Abu Dhabi. Abu Dhabi, UAE, 2004-2006.

Manual on Medical Equipment standarization in Primary Health Care. Abu Dhabi. General Authority for health services for the Emirates of Abu Dhabi. , UAE, 2005.

Review and updating the primary health care drug formulary. General Authority for health services for the Emirates of Abu Dhabi Abu Dhabi , UAE, 2006.

### **Curriculum Development**

Development of one week curriculum on Principle of Geriatric and Gerontology workshop for Family Medicine Residency Program at Sheikh Khalifa Medical City. Abu Dhabi, UAE, Feb 7-12, 2010.

Development of the curriculums for the following degrees within Department of Geriatrics & Gerontology, at the MultiMedia Medical University-Australia

1. Master of Science in Geriatrics & Gerontology Msc.Ger.
2. Postgraduate Diploma in Geriatrics & Gerontology Dip.Ger
3. Postgraduate Certificate in Geriatrics & Gerontology Cert.Ger.

Development of the curriculums for the following degrees within Department of Family Medicine at the Multi Media Medical University. Melbourne, Australia. 2008.

1. Master of Family Medicine
2. Graduate Diploma in Family Medicine

Development of Mental Health course for school of nursing syllabus for Bsc nursing school. Al Jinan University, Tripoli, Lebanon, 2010.

Development of geriatric pathology course 302 syllabus for Bsc. School of Nursing. Al Jinan University. Tripoli, Lebanon, 2009.

curriculum Vitae

A. Abyad, MD., MPH., MBA., AGSF, AFCHSE

Revision of curriculum, manual, and policies related to medical and dental internship in the Emirate of Abu Dhabi. General Authority for health services for the Emirates of Abu Dhabi. Abu Dhabi, UAE, 2006.

Development of clinical guidelines for primary care in the Emirate of Abu Dhabi. General Authority for health services for the Emirates of Abu Dhabi. Abu Dhabi, UAE, 2005-2006.

Designing of CME program for primary care physicians in the Emirate of Abu Dhabi. General Authority for health services for the Emirates of Abu Dhabi. Abu Dhabi, UAE, 2004-2007.

Designing with the help of the executive board of the Middle East Academy of Aging a Series of four workshop on Geriatrics and Gerontology education for the year 2003-2005, 2005-2009, 2010-2012.

Designing Geriatric Curriculum for Family Medicine Residents Rotating in Ain Wazein Nursing Home. Ain Wazein, Lebanon, 1998-2003.

Designing Geriatrics curriculum for nursing at Ain Wazein Lebanese University section for Nursing . Ain Wazein, Lebanon, 1998.

Help in designing and implementation of the curriculum for Med. IV students rotating in the department for four weeks. Department of Family Medicine, American University of Beirut Medical Center (AUBMC). Beirut, Lebanon, 1993-1996.

Help in designing and implementation of the curriculum for Introduction to family Medicine course for residents within the Department of Family Medicine, AUBMC. Beirut, Lebanon, 1991-1996.

Help in designing and implementation of the curriculum for Community Medicine course given to the second and third year residents within the Department of Family Medicine, AUBMC. Beirut, Lebanon, 1991-1996.

Help in designing and implementation of the curriculum for Introduction to Family Medicine , Department of Family Medicine, University of Amman, in collaboration with the Department of Family Medicine, Brown University /Memorial hospital of Rhode Island, USA. Amman, Jordan, July 1-15, 1994.

curriculum Vitae

A. Abyad, MD., MPH., MBA., AGSF, AFCHSE

### **Teaching Activities**

#### ***Mentoring Program***

Canada Civilian Reserve-CANADEM Mentoring Program- Canada Since 2012.

#### ***Physicians***

A series of lectures and group discussion within the workshop on Healthy & Active Ageing. Organised for The Ministry of Health-United Arab Emirates by Abyad Medical Center and Middle East longevity institute. Nov 22-24, 2012, RAK-UAE.

Workshop on Mental Health in Primary Care: Depression Recognition and Management, General Authority for Health Services for the Emirate of Abu Dhabi. Abu Dhabi, UAE, June 23<sup>rd</sup>, 2005.

Primary Care Physicians in the Emirate of Abu Dhabi training on the new Medical forms for the new medical file. General Authority for Health Services for the Emirate of Abu Dhabi. Abu Dhabi, UAE, March, 2005.

Middle East Academy for Medicine of Ageing training workshops every six months since 2003.

“Maternal Child Health within Primary Health Care Project” Within the Department of Family Medicine , American University of Beirut, Medical Center. Beirut, Lebanon, 1994-1995.

#### ***Fellows***

Middle East Academy for Medicine of Ageing training workshops every six months since 2003.

Teaching faculty seminars for fellows in faculty development fellowship. University of Arizona Department of Family and Community Medicine. Arizona, USA, July 1992-April 1993.

#### ***Residents***

A series of lectures and group discussion within the workshop on Principles of Geriatrics & Gerontology for internal medicine residents, Department of Internal Medicine, Sheikh Khalifa Medical City. Dec 12-15, 2012, Abu Dhabi-UAE.



curriculum Vitae

A. Abyad, MD., MPH., MBA., AGSF, AFCHSE

Principle of Geriatric and Gerontology workshop for Family Medicine Residency Program at Sheikh Khalifa Medical City. Abu Dhabi, UAE, Feb 7-12-2010.

Middle East Academy for Medicine of Ageing training workshops every six months since 2003.

Coordinator of geriatric rotation for family medicine residents from the French Faculty of Medicine. Rotating in Ain Wazein nursing home for one month. Chouf, Lebanon, 1998-2003.

Residents lectures and supervision for two weeks. Department of Family Medicine, Hamad Medical Corporation. Doha, Qatar, Feb 12-24<sup>th</sup>, 2002.

Introduction to Family Medicine Course. Two weeks of lectures, seminars and direct residents supervision of patient care. Department of Family Medicine, Hamad Medical Corporation, Doha, Qatar, Oct 12-24<sup>th</sup>, 2001.

Seminar on Medical Writing from Theory to Practice . Family Medicine Residency Program. Hotel Dieu, The French Faculty of Medicine. Beirut, Lebanon, May 12, 1999.

One week lectures and supervision of third year resident at Qatar Family Medicine Residency Program. Hamad Medical Corporation. Doha, Qatar Nov. 1998.

Introduction to Family Medicine. Department of Family Medicine, American University of Beirut Medical Center (AUBMC). Beirut, Lebanon, 1990-96.

Introduction to Community Medicine. Department of Family Medicine, American University of Beirut Medical Center (AUBMC). Beirut, Lebanon, 90-96.

Introduction to Family Medicine , Department of Family Medicine, University of Amman. Amman, Jordan , July 1-15, 1994.

During Community Medicine course , Nov 1994 & Nov 1995

1-Geriatric teaching day in Ain & Zein.

2-Home visit of II and III year residents to two patients per resident

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A. Abyad, MD., MPH., MBA., AGSF, AFCHSE

### ***Medical Students***

Family Medicine clerkship for IV year medical students, American University of Beirut Medical Center (AUBMC). Beirut, Lebanon, 1993-1996.

Physical examination skills for the second year medical students. American University of Beirut Medical Center (AUBMC). Beirut, Lebanon, 1990-1991.

Two sessions on approach to history, physical examination & assessment of the elderly patient. " Introduction to Physical Diagnosis course for the second year medical students" American University of Beirut Medical Center (AUBMC). Beirut, Lebanon, 1993-96.

Geriatric Teaching day for Med. IV students rotating in the department once per month., Department of Family Medicine, American University of Beirut Lebanon, 1995-1996.

### ***Pharmacy***

Therapeutic in Mental health pharmacy. Pharmacy School, Al Jinan University. Tripoli, Lebanon, Spring, 2009, 2010, 2011.

### ***Post graduate students***

Foundation of Epidemiology for MBA hospital administration students at Al-Jinan University-School of Business. Tripoli, Lebanon, 2010-2011.

Health System Analysis for MBA hospital administration students at Al-Jinan University-School of Business -2010-2011. Tripoli-Lebanon

Master students in geriatrics and gerontology at Multimedia Medical University , 572 Burwood Road Hawthorn 3122 Australia since 2010.

A Course on Critical Appraisal & Research Methodology ( In three session of three hours each on research methodology, critical appraisal of the medical literature, medical writing and the art of presentation. Lebanese Postgraduate Dental school. Beirut, Lebanon, May 9th, 16th, and 29th ,1996.

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### *Nurses*

A series of lectures and group discussion within the workshop on Healthy & Active Ageing. Organised for The Ministry of Health-United Arab Emirates by Abyad Medical Center and Middle East longevity institute. Nov 22-24, 2012, RAK-UAE.

Mental Health course 303 for Bsc nursing school. Spring 2010 AL Jinan University. Tripoli-Lebanon.

Geriatric Pathology course 302 for Bsc nursing school. Spring 2009 AL Jinan University. Tripoli-Lebanon.

Primary care Nurses training on the new medical forms in the Emirate of Abu Dhabi. General Authority for health services for the Emirates of Abu Dhabi. Abu Dhabi, UAE, April 2005.

Middle East Academy for Medicine of Ageing training workshops every six months since 2003.

Geriatrics and Gerontology for Bsc nursing School , Lebanese University – Chouf, Branch at Ain WaZein, since 1999.

Anatomy & Physiology for BT nursing school, Islamic Hospital , Tripoli-Lebanon, 1997-1999.

Geriatrics & Gerontology for BT nursing school, Mahad Alrasoul Alazaam Beirut, Lebanon 1998-1999.

### *Social Workers*

A series of lectures and group discussion within the workshop on Healthy & Active Ageing. Organised for The Ministry of Health-United Arab Emirates by Abyad Medical Center and Middle East longevity institute. Nov 22-24, 2012, RAK-UAE.

Middle East Academy for Medicine of Ageing training workshops every six months since 2003.

curriculum Vitae

A. Abyad, MD., MPH., MBA., AGSF, AFCHSE

***Thesis Supervision***

Tutoring and supervision of the thesis titled: Le Role Du Gestion Des Risques Dans L'Amelioration De La Qualitee Du Bloc Operatoire. This thesis is part of graduation requirement of the MBA in health Institution Management School of Business AL Jinan University , 2011-2012.

Supervision of the thesis of the Master students in geriatrics and gerontology at Multimedia Medical University , 572 Burwood Road Hawthorn 3122 Australia since 2010.

Supervision and help in initiation of research proposal for residents at the Department of Family Medicine. Beirut, Lebanon , 1993-1996.

Supervising of research project on geriatric services for master in public health students 1993-1994.

***Others***

Training workshop for medical record personnel on the new medical forms for the medical file at the Emirate of Abu Dhabi. General Authority for health services for the Emirates of Abu Dhabi. Abu Dhabi, UAE, May 16-17, 2005.

Middle East Academy for Medicine of Ageing training workshops every six months since 2003.

Introduction to Geriatrics Problems, two sessions for P & O Professional Technologist Training Program. American University of Beirut Medical Center. Beirut, Lebanon, 1993-1996

One Seminar for Pathology course for P& O Professional training program, American University of Beirut Medical Center. Beirut, Lebanon, 1993-1994.

curriculum Vitae

A. Abyad, MD., MPH., MBA., AGSF, AFCHSE

**Committees**

Director, World Parkinson's Education Program Chapter-Lebanon Since 2012.

Chairperson, Infectious disease committee , Social Service Association( 300 bed hospital ). Tripoli Lebanon, 2007-2010.

Chairperson, Quality control committee , Social Service Association( 300 bed hospital ). Tripoli Lebanon, 2007-2010.

Chairperson, Medical file committee, Social Service Association( 300 bed hospital ). Tripoli, Lebanon, 2007-2010.

Member of the National committee of Postgraduate Medical Education in the United Arab Emirate. General Authority for health services for the Emirates of Abu Dhabi. Abu Dhabi, UAE, 2006-2007.

Member of Academic and Healthcare Advisory Council [AHAC] University of Al Ain and General Authority for Health Services. Abu Dhabi, UAE, 2006-2007.

Member of the Continuing Education Advisory Committee. General Authority for Health Services. Abu Dhabi, UAE, 2006-2007.

Member of the certificate of needs for private facilities in the Emirate of Abu Dhabi General Authority for Health Services. Abu Dhabi, UAE, 2006-2007.

Member and Co Chairman of the Primary Health Care Steering Committee for the Emirate of Abu Dhabi at General Authority for Health Services. Abu Dhabi, UAE, 2005-2006.

Coordinator of Clinical Guideline committee within Primary health care at General Authority for Health Services for the Emirates of Abu Dhabi. Abu Dhabi, UAE, 2005-2006.

Coordinator of the Primary Care Medical Forms Standardization Steering Committee 'PC-MFSSC'. General Authority for Health Services for the Emirate of Abu Dhabi. Abu Dhabi, UAE, 2005-2006.

Member of drug formularies committee at General Health Authorities for Health Services for the Emirate of Abu Dhabi. General Authority for health services for the Emirates of Abu Dhabi. Abu Dhabi, UAE, 2004-2006.

curriculum Vitae

A. Abyad, MD., MPH., MBA., AGSF, AFCHSE

Member of the Board of Charitable Islamic Hospital, Tripoli, Lebanon, Since 1998.

Medical Committee of Charitable Islamic Hospital Charitable. Tripoli, Lebanon, Since 1998.

Med. IV Teaching Committee, American University of Beirut Medical Center(AUBMC). Beirut, Lebanon, 1993-1996.

Dietary Committee, American University of Beirut Medical Center (AUBMC). Beirut, Lebanon, 1994-1995.

#### **IV. Extra mural Professional Service**

##### *International Committees*

- |      |  |
|------|--|
| 2007 | International Federation of Primary Care Research Network (IFPCRN) Steering Committee.   |
| 2003 | Wonca Working Party on Mental Health.<br>Previously Special Interest Group in Psychiatry and Neurology-WONCA Regional representative –Lebanon.                                     |
| 2004 | Society of Teachers of Family Medicine.<br>Group on Residency Education<br>Group on Genetics<br>Group on EBM<br>Group on Health Policy and Access<br>Group on Geriatric Education. |
| 1992 | WONCA Rural Practice Interest Group  |

***Professional Society Memberships***

**Current**

|      |  |
|------|--|
| 2011 | Associate Fellow InterRAI Organisation. USA.                                 |
| 2006 | Associate Fellow of the Australian College of Health Service Executive.      |
| 2006 | World Bank Institute (WBI) Alumni.   |
| 2006 | International Association for Technology, Education and Development (IATED). |
| 2006 | The International Association of Medical Science Educators (IAMSE).          |
| 2006 | Coordinator, Middle East Network on Ageing. MENAR                            |
| 2006 | The Science Advisory Board.  |
| 2005 | President, Middle East Association on Aging and Alzheimer's.                 |
| 2005 | Honorary Member, Arab Health Water Association.                              |
| 2005 | Engineering & Scientific Research Group.                                     |
| 2005 | World Association of Medical Editors.  |
| 2005 | Eastern Mediterranean Association of Medical Editors.                        |
| 2005 | Coordinator, Middle East Primary Care Research Network.                      |
| 2004 | Member, Council of Science Editors.  |
| 2003 | Chairman, Middle East Academy for Medicine of Aging.                         |
| 2003 | Member, Pan-Arab Society of Trauma & Emergency Medicine.                     |
| 1999 | WONCA direct Member.   |
| 1998 | Affiliate Members of the Canadian Clinical Association on Aging.             |
| 1995 | Fellow, American Society of Geriatrics.                                      |
| 1991 | American Society of Geriatrics   |
| 1991 | American Society of Teachers of Family Medicine                              |
| 1986 | Lebanese Order of Physicians   |

**Past**

|           |   |
|-----------|---|
| 2009-2010 | International Society to Advance Alzheimer Research & Treatment-ISTAART       |
| 2002-2005 | Chairman Lebanese Geriatrics Society.   |
| 2000-2003 | Member, International Association of Gerontology                              |
| 1998-2001 | Founding member of SALAMAR Foundation for Social Development , Beirut-Lebanon |
| 1999-2001 | Vice President SALAMAR  |
| 1998-1999 | Fellow / Royal Society of Medicine. UK  |

curriculum Vitae

A. Abyad, MD., MPH., MBA., AGSF, AFCHSE

- 1994-1997          Founding & council member of the Lebanese Association of Epidemiology  
1987-1989          Vice President/Health Education Club AUB

*Alumni*

- 2007-Present      HLP Alumni -INSEAD  
2005-Present      International University of Monaco  
1982-Present      American University of Beirut

***CONFERENCE ORGANIZATION ACTIVITIES***

- 2013          Co-Chair, Middle East Academy for Medicine of Aging. Second session of the Fourth Advanced Postgraduate Course, In Cooperation with Hamad Medical Corporation Doha. Geriatric Giants. 16-19<sup>th</sup> March, Doha, Qatar.
- 2012          Chair, Healthy & Active Ageing workshop. Organised for The Ministry of Health-United Arab Emirates, by Abyad Medical Center and Middle East longevity institute Nov 22-24, 2012, RAK-UAE.
- 2012          Co-Chair, Middle East Academy for Medicine of Aging. First session of the Fourth Advanced Postgraduate Course, In Cooperation with Hamad Medical Corporation Doha. Principles of Geriatric Medicine. 18-21 Sept, Doha, Qatar.
- 2012          Co-Chair , The Third Middle East Congress of Age, Ageing, & Alzheimer,s. Meeting Challenges in Mental Health in the Elderly. In Cooperation with National Guard Health Affairs King Saud Bin Abdulaziz University for Health Sciences & the Postgraduate Training Center, March 11-12<sup>th</sup> 2012, Riyadh, Saudi Arabia.
- 2012          Co-Chair , Middle East Academy for Medicine of Aging. Fourth session of the Third Advanced Postgraduate Course. Meeting Challenges in Mental Health in the Elderly. In Cooperation with National Guard Health Affairs King Saud Bin Abdulaziz University for Health Sciences & the Postgraduate Training Center, March 11-14<sup>th</sup> 2012, Riyadh, Saudi Arabia.



curriculum Vitae

A. Abyad, MD., MPH., MBA., AGSF, AFCHSE

- 2011 Member of the Regional Organizing Committee for the International Brain Research Organisation Neuroscience in the Middle East, Al Ain University 7-9, Feb. Al Ain –UAE.
- 2011 Chairman, Middle East Academy for Medicine of Aging. Second session of the Third Advanced Postgraduate Course. Under The Patronage of His Excellency Qadhi Saeed Al Murooshid Director General of Dubai Health Authority. Prevention of Age –Related Disorders & Main Geriatrics Syndromes. 6-8 April, Dubai, UAE
- 2011 Chairman, of the symposium update on diagnosis and management of Geriatrics Giants. Under The Patronage of His Excellency Qadhi Saeed Al Murooshid Director General of Dubai Health Authority. April 9, Dubai, UAE.
- 2011 Chairman, Middle East Academy for Medicine of Aging. Third session of the Third Advanced Postgraduate Course. In Cooperation with Hamad Corporation Doha. Health Care Services for the Elderly. 27-30 Nov, Doha, Qatar.
- 2010 Chairman, Middle East Academy for Medicine of Aging. First session of the Third Advanced Postgraduate Course. Principles of Geriatrics & Gerontology. 3-6 Nov, Tripoli, Lebanon.
- 2010 First Symposium on Alzheimer’s –MESA: Challenges in Care. Abyad Medical Center & MEAMA & Al Jinan University. April 3, Tripoli, Lebanon.
- 2009 Co-Chair of the Second Congress on Age, Ageing & Alzheimer’s : Challenges in Geriatric Care. Nov 4-6, Tripoli, Lebanon.
- 2009 Chairman, Middle East Academy for Medicine of Aging. Third session of the Second Advanced Postgraduate Course. Principles of Geriatrics & Gerontology. 4-7 Nov, Tripoli, Lebanon.

curriculum Vitae

A. Abyad, MD., MPH., MBA., AGSF, AFCHSE

- 2009 Chairman, Middle East Academy for Medicine of Aging. Second session of the Second Advanced Postgraduate Course. Principles of Geriatrics & Gerontology. 2-5 April, Tripoli, Lebanon.
- 2008 International Scientific Board. International Congress in Aesthetic, Anti-Aging Medicine and Medical Spa Middle East. 29-30 Nov, Dubai, UAE.
- 2008 Chairman, Middle East Academy for Medicine of Aging. First session of the Second Advanced Postgraduate Course. Principles of Geriatrics & Gerontology. 6 -9 Nov, Tripoli, Lebanon.
- 2007 Chairperson of the session on Definition and Epidemiology of Emerging new treatment for obesity. Primary Health Care: Metabolic Syndrome and Associated diseases. 2-4 Sept, Abu Dhabi, UAE
- 2007 Member of the Steering Committee of the 6<sup>th</sup> UAE Nursing Initiative Conference & 7<sup>th</sup> GCC Nursing Symposium. Ministry of Health UAE. 9-11 Jan, Dubai-UAE.
- 2006 Member of Scientific Advisory board of The IInd International Symposium on Social and Applied Gerontology in Turkey. 26-28 April, Antalya, Turkey.
- 2006 Co-President of the First Congress on Aging, Istanbul. 15-19 March, Istanbul, Turkey.
- 2006 Co Chairman and Chairman of the Scientific Committee of the First International Annual Primary Health Care Conference in the Emirate of Abu Dhabi: The Challenges in Primary Care. 21-23 Jan, 21 Abu Dhabi, UAE.
- 2005 Chairman, Latest update on Treatment of Alzheimer's disease. 29<sup>th</sup> May, Dubai , UAE.
- 2005 Chairman, Middle East Academy for Medicine of Aging. Fourth session of the first course. Health Care Services for older people providing services and training: evaluation of results and problems, future development. 7-10 July, Tripoli, Lebanon.

curriculum Vitae

A. Abyad, MD., MPH., MBA., AGSF, AFCHSE

- 2004 Chairman, Enhancing partnership between primary care and mental health. Lundbeck Symposium. Beach Rotana Hotel. 1<sup>st</sup> Dec, Abu Dhabi, UAE.
- 2004 Chairman, Middle East Academy for Medicine of Aging Third session of the first course. 29<sup>th</sup> Sept to 1<sup>st</sup> Oct , Manama, Bahrain.
- 2004 Chairman, WONCA SIG in Psychiatry and Neurology Annual Scientific and Business Meeting: Mind and Body. Organised by Abyad Medical Center, Order of Physicians North Lebanon and Council of Health Ministers for GCC States. 2-4 Sept, Tripoli, Lebanon.
- 2004 Chairman, the First Annual Middle East meeting of Age & Ageing : Trends in management of common problems. 10<sup>th</sup> April, Tripoli, Lebanon.
- 2004 Chairman, Middle East Academy for Medicine of Aging second session of the first course. 7-11 April, Tripoli, Lebanon.
- 2003 Chairman, Middle East Academy for Medicine of Aging first session of the first course. 2-5 Oct, Tripoli, Lebanon.
- 2001-06 Abstract Reviewer. American Geriatric Society Annual Conference. USA
- 2002 Arab Scientist Organisation. Member of Scientific Committee, since 2002.
- 2001 Congress Chair: Ain Wazein First Annual Elderly Conference “ Elderly Care in the 21<sup>st</sup> Century: Current Services and Future Projections”. 27-29 April, Ain Wazein Hospital, Chouf, Lebanon.
- 1999 Conference President: National Health Policy for The Elderly in Lebanon SALAMAR Foundation Second National Meeting. 12-14 Nov, Beit-Meri, Lebanon.
- 1999 Scientific Committee member of the ‘Regional Meeting of the Royal College of Psychiatrists in the Middle-East-Mental health and the Growing Need for Care in an Aging Population ’. 19-21 Nov, Lebanon.

curriculum Vitae

A. Abyad, MD., MPH., MBA., AGSF, AFCHSE

- 1998 Congress chair. Elderly Care Services in Lebanon: Current Available services and Future trend. First SALAMAR national meeting. 28-29 Nov, Century Park, Kaslik, Lebanon.
- 1992-96 Scientific Review Committee, North America Primary Care Research Group, NAPCRG, USA.

***COMMUNITY ACTIVITY***

- 2013 How to Stay Young. Azm & Saade Association. April , Tripoli-Lebanon.
- 2013 Diagnosis, Management and Prevention of Alzheimer's Disease. Tripoli-Lebanon.
- 2010 Diagnosis and Management of Obesity. Valmey International Academy. Oct, Beirut, Lebanon.
- 2010 How to stay young. Stem cells, osteoporosis, Alzheimer's , and Liposuction. June 16, Quality Inn Tripoli, Lebanon.
- 2009 Alzheimer's Disease: Diagnosis , Management, and future development. Safadi Cultural Center, Oct 15, Tripoli, Lebanon.
- 2009 Organizational development of the Social Service Association Aug, Tripoli, Lebanon.
- 2009 Alzheimer's disease, diagnosis and management: A public lecture at Palma Resort organised by Rotary Club, May 4, Tripoli, Lebanon.
- 2009 Medical and social problems in the elderly: A public lecture Safadi Cultural Center, March 26, Tripoli, Lebanon.
- 2003 Principles of geriatrics and Gerontology and Arthritis: A public lecture Quality Inn, 13 June, Tripoli- Lebanon.
- 2002 Osteoporosis in Women and Men. A public lecture , 23 May , Quality Inn, Tripoli, Lebanon.
- 2001 Obesity: Diagnosis and Management. A public Lecture. 8 June, Quality Inn, Tripoli, Lebanon.

curriculum Vitae

A. Abyad, MD., MPH., MBA., AGSF, AFCHSE

- 2001 Osteoporosis and Menopause management in Women. A public lecture. 16 March, Tripoli, Lebanon.
- 2001 Elderly Characteristics and their problems in Lebanon. A public lecture for Lions Club Metropolitan. Feb, Beirut-Lebanon.
- 1999 Osteoporosis in Men and Women Diagnosis, Risk Factors, Management. A public lecture, July, Tripoli, Lebanon.
- 1998 Elderly Care Situation in Lebanon, SALAMAR Foundation. A public lecture. May 1<sup>st</sup>, Lagos, Nigeria.
- 1998 Elderly Care Situation in Lebanon, SALAMAR Foundation. A public lecture in the inauguration of SALAMAR. 23 April, Summerland, Beirut, Lebanon.
- 1997 Osteoporosis Diagnosis, Risk factors and Management. A public lecture for women, Oct, Tripoli, Lebanon.
- 1993-4 School based education, American College School, ACS. Group on Substance Abuse. Beirut-Lebanon.

***MEDIA PRESENTATIONS***

- 2010 Current situation of the Elderly in Lebanon . Oct, Future TV, Lebanon.
- 2010 Elderly Services. AL MAARA TV, Lebanon.
- 2009 Medical problem in the Elderly. Nov, Future TV, Lebanon.
- 2008 Social Service association history and sections. Oct 3<sup>rd</sup>, Future TV, Lebanon.
- 2008 Social Service association history and sections. Sept, Ouyoun Beirut, Lebanon.
- 2005 Why brain drain is a matter of worry, Khaleej times, May 29.
- 2004 Elderly concepts and diseases. 31 May, Heya TV, Lebanon.
- 2002 First Lebanese Intergeneration Day. New TV, Oct, Lebanon.
- 2001 Alzheimer Disease : Aetiology and management. 7 April, Future TV, Lebanon.
- 1999 Geriatric the Principles, the Speciality. May , The Lebanese Television TL, Lebanon.
- 1999 Urinary Incontinence in Female. April, The Lebanese Television TL. Beirut, Lebanon.
- 1994 Geriatric the Concepts. 2 Nov, Al-Sayassah, Kuwait
- 1994 Geriatric Problems in Lebanon. Jan, Future TV, Lebanon.
- 1994 Geriatric the Discipline, Jan. Future TV, Beirut, Lebanon.
- 1993 Preschool health Problems. July, Future TV, Beirut, Lebanon.

## **EDITORIAL AND PEER REVIEWER ACTIVITIES**

### *Peer Reviewer of Manuscripts*

- |              |   |
|--------------|---|
| 2013         | Reviewers for the National Board of Medical Examination (NBME) in the USA for the United State Medical Licensing Examination (USMLE). |
| 2012         | Public Health in the Arab World from Cambridge University Press in January 2012.  |
| 2005-Present | Mc Master Online Rating of Evidence (MORE), Canada.   |
| 2002-Present | Annals of Family Medicine. USA.   |
| 2001-Present | Journal of The American Geriatrics Society JAGS since 2001.   |
| 1998-2000    | Mature Medicine. Canada.  |
| 1994         | Canadian Family Physician, Canada.  |
| 1993-Present | Family Medicine: Official journal of society of Teachers of Family medicine. USA.   |
| 2001-2007    | Abstract Reviewer for the American Geriatric Society Annual meeting. USA.   |
| 1992-1996    | North America primary Research Group (NAPCRG), Scientific Review Committee Meeting. USA.  |
| 1992         | American College of Physicians (ACP) Journal Club Reviewer. USA.  |

***Chief Editors***

- 2010-Present Chief editor, Journal of Psychiatry & Alzheimer's.  
Lebanon/Australia
- 2009-Present Chief editor, World Family Medicine Journal ( Previously  
Middle East Journal of Family Medicine MEJFM).  
Lebanon/Australia.
- 2008-Present Associate editor, Middle East Journal of Internal Medicine.  
Lebanon/Australia.
- 2007-Present Chief editor, Middle East Journal of Nursing.  
Lebanon/Australia.
- 2005-Present Chief editor, Middle East Journal of Business.  
Lebanon/Australia.
- 2004-Present Chief editor, Middle East Journal of Age & Aging-MEJ-AA.  
Lebanon/Australia .
- 2003-2009 Editor, Middle East Journal of Family Medicine MEJFM.  
Lebanon/Australia .

***Editorial Board***

- 2012-Present Associate Editor for Cochrane Clinical Answers, Wiley  
Publisher
- 2006-Present World Applied Science Journal-WASJ. Canada.
- 2002-Present International Editorial Board. International Journal of  
Medicine. Journal of the Association of Health Care  
Professionals. United Kingdom.
- 2001-Present International Editorial Board. Geriatrics Today ( previously  
Mature Medicine) Journal of the Canadian Geriatrics Society.  
Canada.



curriculum Vitae

A. Abyad, MD., MPH., MBA., AGSF, AFCHSE

1998-2000 International Editorial Board. Mature Medicine Canada.

2002-2005 Lebanese Journal of Medical Sciences. Lebanon.

***Board and Trustee Member***

2009-Present Trustee Member of the International Medical Publishing Group. United Kingdom.

2008-Present Board Member Multimedia Medical University, Australia.

2005-Present Board Member World CME. Australia.

**V. BIBLIOGRAPHY**

***1-Books & Reports***

(Abyad A- as one of the contributor toward the document). **Integrating mental health into primary care: a global perspective** reaffi ... © World Health Organization and World Organization of Family Doctors (Wonca) 2008 **...who.int/.../Integrating MH into primary care-** final low-res 140908.pdf

Domingues P, Saint-Esteben JC, Nunez-Flores VR , **Abyad A.** *Disabled Palestinians in Lebanon.* MPDL and Echo Projects, 1999-2002.

***2-Book Chapters***

Abyad, A. *Age and aging in the Arab world. Caring for Arab Patients a Biopsychosocial Approach* Ed Laeth Sari Nasir and Arwa Kayed Abdul-Haq, 2008. Radcliff Publishing.

Abyad, A.; Ashour A.M; Abou-Saleh M.T. *Psychogeriatrics in the Arab World* pp: 175-188. *Images in Psychiatry: An Arab perspectives.* Ed: Okasha A, Maj M. World Psychiatric Association. June 2001.

Abyad, A. Cellulitis, part I . *The 5-Minute Clinical Consult.* Dambro MR,Griffith HW, Lee and Febiger, 1993-2006. Lippincott Williams & Wilkins 2007-2009.

Abyad, A. Cellulitis, part II. *The 5-Minute Clinical Consult.* Dambro MR,Griffith HW, Lee and Febiger, 1993-2006. Lippincott Williams &

curriculum Vitae

A. Abyad, MD., MPH., MBA., AGSF, AFCHSE

Wilkins 2007-2009.

Abyad, A. Superficial Thrombophlebitis. *The 5-Minute Clinical Consult*. Dambro MR, Griffith HW, Lee and Febiger, 1993-2006. Lippincott Williams & Wilkins 2007-2010.

Abyad, A. Cholera. *The 5-Minute Clinical Consult*. Dambro MR, Griffith HW, Lee and Febiger, 1994-2006. Lippincott Williams & Wilkins 2007-2010.

Abyad, A. Tropical Sprue. *The 5-Minute Clinical Consult*. Dambro MR, Griffith HW, Lee and Febiger, 1994-2006. Lippincott Williams & Wilkins 2007-2010.

Abyad, A. Tetanus. *The 5-Minute Clinical Consult*. Dambro MR, Griffith HW, Lee and Febiger, 1994-2006. Lippincott Williams & Wilkins 2007-2009.

Abyad, A. Pernicious anemia. *The 5-Minute Clinical Consult*. Dambro MR, Griffith HW, Lee and Febiger, 94-2006. Lippincott Williams & Wilkins 2007-2009.

**3-Journal Articles  
Research Papers**

Abyad, A. (2008). Screening for Bacteriuria in the Elderly: A comparison of urine analysis with urine culture. *International Journal of Medicine*, 4, 26-30.

Abyad, A.; Al Imad Z. (2004). The accuracy of blood pressure measurement in the nursing home. *International Journal of Medicine*. 7(3), 168-171.

Abyad A. (2004). Screening for hearing loss in the elderly. *Geriatric today*, 7,43-45.

Abyad A. (2003). Evaluation of a new geriatric rotation for postgraduate residents in Lebanon. *Educational Gerontology*. 29(5), 381-391.

Abyad A. S.Baeyni. (2002). The Clinical Significance of Calculated Versus Measured Creatinine Clearance in Elderly Patients. *Emirates Medical Journal*, 20(2), 139-142.

Abyad A. (2002). Prevalence of vitamin B12 deficiency among Demented Patients and Cognitive Recovery With Cobalamin Replacement. *The Journal of Nutrition, Health & Aging*. 6 (4).

Abyad A. (2000). Factors influencing decision to enter geriatric fellowship. *Educational Gerontology*, 26, 97-105.

Abyad A. (1999). Routine Prenatal Screening Revisited. *Health Care for Women International*. 20(2),137-145.

Sarru, E. ; Abyad, A. (1999). House calls in Lebanon. *Family Practice*, 15(6), 571-575.

Hale F., Abyad, A. (1996). Evaluation of a Summer Preceptorship. *Singapore Family Physician*, 22(1), 46-50.

Abyad. A. (1995). Cost effectiveness of Antenatal Screening for Syphilis . *Health Care for Women International*, 16(4), 323-328.

Weiss. B; Reed, R.; Kligman E, Abyad. A. (1995). Literacy and Performance on the Minimental State Examination. *Journal of the American Geriatric Society*, 43, 807-810.

curriculum Vitae

A. Abyad, MD., MPH., MBA., AGSF, AFCHSE

Abyad, A.; Homsy, R. (1993). A Comparison of Pregnancy Care Delivered by Family Physicians Versus Obstetricians in Lebanon. *Family Medicine*, 25(7), 465-470.

Abyad, A.; Sibai, A. (1992). The General Practitioner in Lebanon: Is He a Potential Family Physician? *Family Practice*, 9 (4), 437-440.

Abyad, A. (1991). Screening for Asymptomatic Bacteriuria in Pregnancy. *The Journal of Family Practice*, 33(5), 471-74.

Doughan, B.; Abyad, A.; Zurub, R.; Awayda, R.; & Ismail, R. (1991). Dental Knowledge, Attitude, and Practices Among University Students. *La Revue Dentaire Libanaise*, 30, 45-49.

### **Case Reports**

Farah, S.; Abyad, A., Mourad, F.H. & Uthman, S. (2001). Lynch Syndrome: Report of two families from Lebanon and clinical review. *Emirates Medical Journal*, 19(3), 181-185.

Farah, S., Uthman, S. & Abyad, A. (1997). Budd Chiari Syndrome: A review of ten cases. *Journal of International Medical Research*, 25(3), 171-174.

Sarru, E., Akel, M. & Abyad, A. (1997). Tubercular Cervical Lymphadenopathy. *The Practitioner, East Mediterranean Edition*, 8(2), 89-92.

Abyad, A. (1995). Shy-Drager syndrome, *Journal of the American Board of Family Physician*, 8 (4), 325-30.

Abyad, A. & Kligman, E. (1995). Hereditary ataxia in the elderly. *Journal of International Medical Research*, 23 (1), 74-84.

Abyad, A. & Kligman, E. (1994). Primary Polycythemia Rubra Vera in the Elderly. *J. of International Medical Research*, 22 (2), 121-129.

### **Review Papers**

Abyad, A. (2012). Geriatrics & Gerontology in the Middle East. *Arab Health Magazine*, 1, 62-66.

curriculum Vitae

A. Abyad, MD., MPH., MBA., AGSF, AFCHSE

Abyad, A. (2011). Hot Spots vs Balanced Score Card. *Middle East Journal of Business*, 6(4).

Abyad, A. (2011). Intercultural leadership and communication in global business. *Middle East Journal of Business*, 6 (2).

Abyad, A. (2009). Have we forgotten about humor. *Middle East Journal of Age and Ageing*, 6(2).

Qidwai, W., Khoja TA., Inem V., Rawaf S., Cayley Jr WE., Almustafa BA., Abyad A., Yaman H. (2008). Strategies to improve the status of family physicians: a perspective from an international collaboration. *Journal of Family Medicine* , 6(7), [http://www.mejfm.com/mejfmSept08\\_vol6-iss7/strategies.htm](http://www.mejfm.com/mejfmSept08_vol6-iss7/strategies.htm)

Abyad, A. (2008). Obesity Management in primary health care. *Arab Health Magazine*, issue 4.

Qidwai, W., Beasley, JW., Gomez-Clavelina, FJ., Abyad, A. et al. (2008). The present status and future role of family doctors: A perspective from the international federation of primary care research networks. *Primary Health Care Research & Development*, 9, 172-182.

Abyad, A., Al-Baho, Ak., Unluoglu, I., Tarawneh, M. & Al Hilfy ,TK. (2007). Development of family medicine in the middle East. *Family Medicine*, 39(10),736-41.

Duursma, S., Abyad, A. & Amin, F. (2005). The Middle East Academy for Medicine of Ageing. *The Journal of Nutrition Health and Aging*, 9(4), 269-271.

Abyad, A. (2005). Effect of the Migration of Health Professionals: Brain Drain or Brain Gain? *Long-term Care Interface*, 6 ( 3), 24-32.

Abyad, A. (2004). Physicians, interdisciplinary teams, and communication in Nursing homes. *Long-Term Care Interface*, 5(5), 28-31.

Abyad, A. (2003). An Age-Old Problem. *Arab Health*, 3, 30-31.

Abyad, A. (2002). Vitamin B12 deficiency among elderly patients an important diagnosis. *J Med Liban*, 50(5-6), 251-6.

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A. Abyad, MD., MPH., MBA., AGSF, AFCHSE

Abyad, A., Al Imad, R. (2002). Apolipoprotein E Genotyping for Alzheimer's Disease: Ethics and Clinical Implications. *Long-Term Care Interface*, 3(4), 50-54.

Abyad, A. (2001). Diagnosis and Management of Vitamin B12 deficiency Among Elderly Patients. *The Arab Journal of Psychiatry*, 12(2), 7-21.

Abyad, A. (2001). Health care services for the elderly a country profile- Lebanon. *Journal Of the American Geriatrics Society*, 49, 1366-70.

Abyad, A. & Al Imad, R. (1999). Apolipoprotein E Genotyping for Alzheimer's Disease: Ethical Concerns and Implications for Clinical Practice. *Lebanese Medical Journal*, 47(5), 291-294.

Abyad, A. (1988). Constipation in the elderly diagnosis and management strategies. *Managed Care Interface*, 11(4), 87-93.

Abyad, A. (1988). Constipation in Seniors: Diagnosis and Management Strategies. *Mature Medicine*, 1(2), 32-34.

Abyad, A. (1997). In-office screening for age-related hearing and vision loss. *Geriatrics*, 52(6), 45-46.

Abyad, A. (1996). Elder Abuse: Diagnosis and Management. *Medical Interface*, 9(10), 97-101.

Abyad, A. (1996). The Role of different faith in death and dying. *Healing Ministry*, 3(1), 21-26.

Abyad, A. 1996 Alternative Medicine and treating cancer. *Complementary Medicine International*, 3(3), 37-40.

Abyad, A. (1996). Grief counselling for primary care physicians. *The Practitioner, East Mediterranean Edition*, 7(3), 143-146.

Abyad, A. (1996). General Paresis: Diagnosis and Management. *Medical Interface*, 9(2), 87-93.

Abyad, A. & Murad, F.(1996). Constipation: common sense care of the older patient. *Geriatrics*, 51(12), 28-34.

Abyad, A. (1996). Screening and Management of Hearing Loss in the Elderly. *Medical Interface*, 9(1), 89-90, 107.

Abyad, A. (1996). Family Medicine in the Middle-East: Reflection on the experiences of several countries. *Journal of the American Board of Family Physician* 9 (4), 289-297.

Abyad, A. (1995). Preoperative Evaluation in the Elderly-April- June 1995 Spain *Gerontology*.

Abyad, A. (1995). Falls in the elderly. *J Med Liban*, 43(4),194-99.

Abyad, A.(1995). Perioperative evaluation and management in the elderly. *Bahrain Medical Journal*, 17(4), 146-152.

Abyad, A. (1995). Geriatric in Lebanon the Beginning. *Int'L. J. Aging & human Development*, 41(4): 299-309.

Abyad, A. (1995). Use of Receiver -Operating Characteristic (ROC) Curves. *Research News*, 9(1), 3-9.

Abyad, A. (1994). Euthanasia The Dilemma. *Lebanese Medical Journal. J Med Liban*, 42(3), 83-87.

Abyad, A. (1994). The Lebanese Health Care system. *Family Practice*, 11, 159-161.

Abyad, A. (1994). The Hospice Movement : Growth as an alternative , not an integrated movement. *Medical Interface*, 7(6),129-32.

Abyad, A. (1994). Pressure Sore in The Elderly. *Medical Interface*. 7(2),135-42.

Abyad, A. (1993). Nutritional Guidance for Pregnant women. *Clinical Consultation in Obstetric*,5 (4), 230-235.

Abyad, A. (1993). Pneumonia in the Elderly: Management Considerations , *Medical Interface*, 6(7): 91-101.

Abyad, A. (1993). Chronic Pain in the Elderly: Management Strategies. *Medical Interface*. 6(5): 99-109.

Abyad, A. (1993). Palliative Care: The Future. *The American Journal of Hospice and Palliative Care*, 23-28.

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A. Abyad, MD., MPH., MBA., AGSF, AFCHSE

Abyad, A. (1993). Prevention and Management of Osteoporosis in Women. *Medical Interface*, 6(3), 103-112.

Abyad, A., Zoorab,R & Sidani, S. (1992). Family Medicine in Lebanon: Ten Years Later. *Family Medicine*, 24(8), 525-29.

Abyad, A. & Boyer. J.T. (1992). Arthritis in the Elderly. *Current Opinion in Rheumatology*, 4( 2), 153-59.

Abyad, A. (1991). Hypercholesterolemia, The Challenge to Primary Care, Screening, and Diagnosis. *J Med Liban* 39(2).

#### **4-Accepted and submitted papers**

##### ***Submitted Papers***

**Abyad A.** Geriatric in the Middle East

**Abyad A.** Cardiovascular Disorder in the Elderly.

**Abyad A.** Pressure sore an overview.

**Abyad A.** Arthritis in the elderly: from osteoarthritis to osteoporosis.

**Abyad A.** Medical ethics & Euthanasia the future.

**Abyad A.** Preoperative/operative & Postoperative Care in the elderly.

**Abyad A.** Inherited ataxia review.

**Abyad A.** Progressive Ataxia : An Overview.

**Abyad A.** General Paresis & Dementia.

**Abyad A.** Elder Abuse: an old or new problem.

**Abyad A.** Tertiary syphilis presenting with dementia a case report.

**Abyad A.** Benign prostatic hypertrophy diagnosis and management.



**5- Editorial**

Abyad A. (2006). Research in family medicine. *Family Medicine*, 38(9), 614.

Abyad, A. (2006). Science networks spread throughout the Arab world. *Nature*. 14;443(7108), 144.

Abyad, A. (2003). Attracting High-Caliber IMGs to Family Medicine. *Family Medicine*, 35 (3), 158.

Abyad, A. (1997). Promotion Criteria Is Vastly Different in Some Countries. *Family Medicine*, March , 35 (3), 158.

Abyad, A. (1996). Global Conflicts, War: Is it of Concern to the General Practitioner. *Medicine and Global Survival*.

Abyad, A. (1996). Differences in Occupational stress. *International Journal of stress Management*, 3(3), 182.

Abyad, A. (1995). Important Factors to Foster Research. *Family Medicine*, 27(10), 630.

Abyad, A. (1995). Geriatric in the Middle East the Challenges. *The Practitioner-East Mediterranean Edition*. 6(12), 869-70.

Abyad, A. (1995). Importance of Geriatrics. *Family Medicine*, 27(9),564.

Abyad, A. (1995). Debate Journal Club Teaches critical Appraisal Skills. *Family Medicine*, 27(4), 226.

Abyad, A. (1993). Family Medicine Education in the Third World, Struggles and Success. Author's reply. *Family Medicine*, 25(5), 292-93.

Hale, FA. & Abyad, A.(1993). Disagreement between students and preceptors in assessing students interest in primary care. *Academic Medicine*. 68 (12), 902.

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***6-Computer Chapters & Soft Ware***

Abyad A. AGED CARE (QUALITY CARE OF THE AGED) –Medi+World – Melbourne Australia. This title covers a range of clinical topics, both specific to Aged care, and topics where age creates another dimension to the diagnosis and treatment of the condition. Topics include - Comprehensive geriatric assessment (CGA), dementia, falls, Alzheimer's, stroke, CAD, incontinence, pressure ulcers, diabetes, and more. 2008,2009.

Abyad, A. Cellulitis, Part I. The 5-Minute Clinical Consult. Lee and Febiger, 95-2006. Lippincott Williams & Wilkins 2007-2009.

Abyad, A. Cellulitis, Part II. The 5-Minute Clinical Consult. Lee and Febiger, 95-2006. Lippincott Williams & Wilkins 2007-2009.

Abyad, A. Superficial Thrombophlebitis. The 5-Minute Clinical Consult. Lee and Febiger, 95-2006. Lippincott Williams & Wilkins 2007-2009.

Abyad, A. Cholera. The 5-Minute Clinical Consult. Lee and Febiger, 1995-2006. Lippincott Williams & Wilkins 2007-2009.

Abyad, A. Tropical Sprue. The 5-Minute Clinical Consult. Lee and Febiger, 1995-2006. Lippincott Williams & Wilkins 2007-2009.

Abyad, A. Tetanus. The 5-Minute Clinical Consult. Lee and Febiger, 1995, 2006. Lippincott Williams & Wilkins 2007-2009.

Abyad, A. Pernicious anemia. The 5-Minute Clinical Consult. Lee and Febiger, 1995-2006. Lippincott Williams & Wilkins 2007-2009.

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***7-Book and Others Reviews***

Abyad, A. "Handbook of Drug Therapy in Rheumatic Disease Pharmacology and clinical Aspect." JABFP, Sep.-Oct., 1992, Vol. 5, No. 5, 549-550.

Abyad, A. Primary Care. Cancer. Epidemiology, Prevention and Screening. Arthur H. Herold, MD, Vol. 19, No. 3, Sept., 1992. JABFP, Vol. 6, 1993, 441

Abyad, A. Primary Care. Cancer. Diagnosis and Treatment. Arthur H. Herold, MD, Vol. 19, No. 4, Dec., 1992. JABFP, Vol. 6, 442.

A. Abyad. Quinine or Vitamin E for Nocturnal Leg Cramps. March/April, Vol. 118, Sup. 2, 1993.

***8-Abstracts and Conference proceedings***

The General Practitioner is he a Potential Family Physicians. The 44th International Congress on General Practice, Sept. 1991, Austria.

An Epidemic of Cholera in Lebanon. American Medical Association Regional Meeting, Scottsdale, AZ, Nov. 1992.

Experience in Community Medicine. International Symposium on Student Assessment, Penag, Malaysia, Jan. 10-15, 1993.

The "How To of Health Fairs. 14th Annual Conference on Patient Education. Nov. 19-22,1992, Orlando, FL.

Depression in Low Income Elderly: Impact of Ethnicity, Literacy Level and Prior Occupation Status on the Result of Psychiatric Testing. Sixth Congress of the International Psychogeriatric Association (IPA), Berlin, Germany September 5-10, 1993.

Screening for depression and Dementia. 1997 world Congress of Gerontology, Adelaide Australia , August 19-23,1997.

Psychogeriatric Services as Part of comprehensive Health Care Program for the Elderly at Ain and Zein. 1997 world Congress of Gerontology, Adelaide Australia , August 19-23,1997.

Neutropenia is it a side effect of Capoten. 1997 world Congress of Gerontology, Adelaide Australia , August 19-23,1997.

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***9-Other Publications Monograph & Proposal***

Abyad A. Proposal on Women Health within Primary Care Centers in the Emirate of Abu Dhabi: Breast Cancer Screening.

Abyad A. Proposal on Women Health within Primary Care Centers in the Emirate of Abu Dhabi: Cervical Cancer Screening.

Abyad A. Proposal on Women Health within Primary Care Centers in the Emirate of Abu Dhabi: Osteoporosis as a National Public Health Priority.

Abyad. A. Scientific Background paper " Motivating People to take appropriate Family Planning Measures" for WHO Collaborating Center For Psychological Factors and Health , Division of Sociomedical Sciences, Department of Preventive Medicine and Community Health, The University of Texas Medical Branch, Galveston, Texas, U.S.A 1994.

Abyad. A. Scientific Background paper " Motivating People to Protect their Sexual Life" for WHO Collaborating Center For Psychological Factors and Health , Division of Sociomedical Sciences, Department of Preventive Medicine and Community Health, The University of Texas Medical Branch, Galveston, Texas, U.S.A 1994.

Abyad. A Strategies for Family Health Program: Care of the Elderly . Invited monograph for WHO ,in helping in the planning of primary health care for the Ministry of Health in Lebanon 1994 .

Abyad A Strategies for Family Health Program: Primary health care psychiatry in Lebanon. Invited monograph for WHO in helping in the planning of primary health care for the Ministry of Health in Lebanon 1994.

**VI. INTERNATIONAL AND NATIONAL SCHOLARLY PRESENTATIONS**

**(After competitive peer review)**

**Oral Presentations**

***International***

1. Updated definition of sarcopenia. IAGG Symposium on “Promoting healthy ageing by fighting against sarcopenia and frailty. International Association of Geriatrics and Gerontology IAGG.? Qatar, Doha. Sept 21, 2012.
2. Initiative in Geriatrics and Gerontology at the Regional Level. International Association of Geriatrics and Gerontology IAGG. Is there a place for IAGG in the Middle East? Qatar, Doha. Sept 21, 2012.
3. Geriatrics in Lebanon. Health Tourism-Social Policies-Geriatrics and Gerontology. Ataturk Cultural & Congress Center Merinos-Bursa, Turkey. Sept 29<sup>th</sup> –Oct 2<sup>nd</sup> , 2011.
4. Alzheimer’s Disease. Health Tourism-Social Policies-Geriatrics and Gerontology. Ataturk Cultural & Congress Center Merinos-Bursa, Turkey. Sept 29<sup>th</sup> –Oct 2<sup>nd</sup> , 2011.
5. Challenges of Geriatrics and Gerontology in the InterRAI. InterRAI meeting 2011. Institut für Biomedizin des Alterns, Heimerichstraße 58, 90419 Nuremberg, Germany. May 22-25, 2011.
6. Initial report on the Use of InterRAI CHA instrument in the Community – North of Lebanon. InterRAI meeting 2011. Institut für Biomedizin des Alterns, Heimerichstraße 58, 90419 Nuremberg, Germany. May 22-25, 2011.
7. Aging and Anti-Aging Medicine in the Middle-East. Anti-Aging Medicine World Congress. Palais des Congres , Paris France. April 10-12, 2008.
8. Needs Assessment for CME in Primary Health Care. The First International Annual Primary Health Care Conference in the Emirate of Abu Dhabi: The Challenges in Primary Care Abu Dhabi-UAE. Jan 21-23, 2006.

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9. 3<sup>rd</sup> Qatar International Medical Congress 8-13<sup>th</sup> Nov 2005, Doha Qatar
  - a. New Perspective on Ageing Worldwide and in the Middle-East
  - b. Challenges of Geriatrics and Gerontology in the Middle East
  
10. Centenarians in Lebanon : A presentation at the Regional Alzheimer's Meeting in Istanbul Turkey Oct 1-2 , 2005.
  
11. Epidemiology of Alzheimer's Disease in Lebanon, current services and Diagnostic challenges. 2<sup>nd</sup> International Symposium on Alzheimer's Disease and related disorders in the Middle-East. Istanbul-Turkey May 1-3, 2003.
  
12. Prevalence and Correlate of Dementia in a comprehensive Health Care Program for the Elderly at Ain WaZein. First International Symposium on Alzheimer's Disease and Related Disorders in the Middle-East. Limassol, Cyprus April 17-19, 2001.
  
13. Comprehensive Geriatric Program in the setting of National Health Care. Fourth Global Conference on Ageing-International Federation on Ageing. Montreal –Canada. Sep 5-9,1999.
  
14. Depression and Dementia in a Nursing Home , characteristics and demographic variables . Alzheimer's Disease International. 15<sup>th</sup> International Conference. Johannesburg- South Africa. Sep , 1999.
  
15. Abyad A, Baeini S, Antun F. Psychogeriatric Services as a Part of Comprehensive Health Care Program for the Elderly at Ain Wazein. 14<sup>th</sup> International Conference of Alzheimer's Disease International: Dementia the Global Challenge. Cochin, India. 24<sup>th</sup>-27<sup>th</sup> Sept 1998.
  
16. “ The Role of Urodynamics in Diagnosis of Urinary Incontinence”. EAMA-Second Advanced Postgraduate Course, Second Training Session. *EUROPEAN ACADEMY FOR MEDICINE OF AGEING*. IKB Foundation Sion, Switzerland. June 30-July 4,1997.
  
17. “Reports on National Perspectives of Institutional LTC -Lebanon-“. EAMA-Second Advanced Postgraduate Course, Second Training Session. *EUROPEAN ACADEMY FOR MEDICINE OF AGEING*. IKB Foundation Sion, Switzerland. June 30-July 4,1997.

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18. "Depressive symptoms in the elderly in the aftermath of civil war" Clinical update presentation. 14th WONCA World Conference "Family Medicine Meeting New Challenges" Hong Kong Convention & exhibition Center, Hong Kong, June 10-14, 1995.
19. "Routine Prenatal Screening Revisited". North America Primary Care Research Group 21st Annual Meeting. San Diego Nov. 10-13, 1993
20. "Two Patterns of Seasonality at the American University of Beirut" North America Primary Care Research Group 21st Annual Meeting. San Diego Nov. 10-13, 1993.
21. "Geriatric in Lebanon the Beginning." XVth International Congress on Gerontology, July 4-9, 1993, Budapest, Hungary.
22. "Routine Prenatal Screening Revisited." WONCA/SIMG Congress 1993 "Duality Care in Family Medicine/General Practice, June 13-17, The Hague, The Netherlands.
23. "Screening Neuropsychiatric Testing in Low-Income Elderly: Impact of Ethnicity, Literacy Level and Prior Occupation Status." Society of Teachers of Family Medicine, Annual Spring Conference, April 24-28, 1993, San Diego, CA.
24. "Factors Influencing Physician's Decision to Enrol in a Geriatric Fellowship." Society of Teachers of Family Medicine, Annual Spring Conference, April 24-28, 1993, San Diego, CA.
25. "Family Practice in Lebanon. Delivering Health Care During a Civil War." Society of Teachers of Family Medicine, Western Regional Meeting, Oct. 4-6, 1992, San Francisco, California.
26. "An Epidemic of Cholera in Lebanon." Society of Teachers of Family Medicine, Annual Spring Conference, April 25-29, 1992, St. Louis, Missouri.
27. "Asymptomatic Bacteriuria in Pregnancy." Society of Teachers of Family Medicine, Annual Spring Conference, April 25-29, 1992, St. Louis, Missouri.
28. "Family Medicine in Lebanon, Ten Years Later." Society of Teachers of Family Medicine, Annual Spring Conference, April 25-29, 1992, St. Louis, Missouri.

29. "How Safe is Family Medicine Obstetrics?" North America Primary Care Research Group NAPCRG. The 20th Annual Meeting, April 12-15, 1992. Richmond, Virginia.
30. "Asymptomatic Bacteriuria in Pregnancy." Scientific Assembly Meeting of AZ Academy of Family Physicians, Scottsdale, AZ, February 29, 1992, Research paper presentation.
31. "Screening Neuropsychiatric Testing in Low-Income Elderly: Impact of Ethnicity, Literacy Level and Prior Occupation Status." Mead Johnson Family Medicine Research Forum, Dec. 3-6, 1992. Fort Lauderdale, Florida.

### ***Regional and Local Conferences***

1. Update on Osteoporosis diagnosis and management. Second session of the Fourth Advanced Postgraduate Course, In Cooperation with Hamad Medical Corporation Doha. Geriatric Giants. 16-19<sup>th</sup> March, 2013, Doha, Qatar
2. Neurological disorders in the Middle East. Second session of the Fourth Advanced Postgraduate Course, In Cooperation with Hamad Medical Corporation Doha. Geriatric Giants. 16-19<sup>th</sup> March, 2013, Doha, Qatar
3. A series of lectures and group discussion within the workshop on Principles of Geriatrics & Gerontology for internal medicine residents, Department of Internal Medicine, Sheikh Khalifa Medical City. Dec 12-15, 2012, Abu Dhabi-UAE.
  - a. The Ageing population and age-related diseases in the World and the middle East
  - b. Innovations in Comprehensive Assessment of the Elderly.
  - c. Atypical presentations of common diseases in the elderly
  - d. Recent Advances in the Diagnosis and Management of Dementia
  - e. Delirium Diagnosis and Management
  - f. Poly pharmacy in older adults: Review of pharmacokinetics and pharmacodynamics
  - g. Care of the elderly in hospital
  - h. Functional impact on ageing diseases and geriatric syndromes
  - i. Diagnosis and management of Osteoporosis
  - j. Pre operative evaluation of the elderly
  - k. Diagnosis evaluation and management of falls
  - l. The Frailty syndrome
  - m. Sarcopenia syndrome
  - n. Malnutrition, ageing and longevity
  - o. Diagnosis and Management of Pressure Ulcer
  - p. Recent advances in the ageing field in particular stem cells



4. A series of lectures and group discussion within the workshop on Healthy & Active Ageing. Organised for The Ministry of Health-United Arab Emirates by Abyad Medical Center and Middle East longevity institute. Nov 22-24, 2012, RAK-UAE.
  - q. The Ageing population and age-related diseases in the World and the middle East
  - r. Background on Home Health Care : Innovations in Comprehensive Assessment of the Elderly.
  - s. Use of InterRAI Home Assessment instrument
  - t. Research needs & opportunities in Home Care Program
  - u. Auditing & Upgrading Elderly Home Care Program including other successful experiences
  - v. Recent Advances in the Diagnosis and Management of Dementia
  - w. Management of Polypharmacy in the community dwelling old adults
  - x. Diagnosis and Management of Pressure Ulcer
  - y. Innovations in Osteoporosis Diagnosis and Management
  - z. Delirium Diagnosis and Management
  
5. World and Middle East demographic prospects: clinical conditions and mortality changes during the last decades. First session of the Fourth Advanced Postgraduate Course of Middle East Academy for Medicine of Aging in cooperation with Hamad Medical Corporation. Principles of Geriatric Medicine. Sept 18-21, 2012, Doha, Qatar.
  
6. Ageing and age related neurodegenerative diseases in the Middle East. The Third Middle East Congress of Age, Ageing, & Alzheimer,s. Meeting Challenges in Mental Health in the Elderly. National Guard Health Affairs King Saud Bin Abdulaziz University for Health Sciences & the Postgraduate Training Center, March 11-12<sup>th</sup> 2012, Riyadh, Saudi Arabia.
  
7. New definitions and aspects of the different types of dementias. The Third Middle East Congress of Age, Ageing, & Alzheimer,s. Meeting Challenges in Mental Health in the Elderly. National Guard Health Affairs King Saud Bin Abdulaziz University for Health Sciences & the Postgraduate Training Center, March 11-12<sup>th</sup> 2012, Riyadh, Saudi Arabia.

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8. Special Structural modifications for demented patients. The Third Middle East Congress of Age, Ageing, & Alzheimer,s. Meeting Challenges in Mental Health in the Elderly. National Guard Health Affairs King Saud Bin Abdulaziz University for Health Sciences & the Postgraduate Training Center, March 11-12<sup>th</sup> 2012, Riyadh, Saudi Arabia.
9. Use of InterRAI in The Middle East. The Third Middle East Congress of Age, Ageing, & Alzheimer,s. Meeting Challenges in Mental Health in the Elderly. National Guard Health Affairs King Saud Bin Abdulaziz University for Health Sciences & the Postgraduate Training Center, March 11-12<sup>th</sup> 2012, Riyadh, Saudi Arabia.
10. Reflection on Alzheimer's in the Middle East: A large community study. International Brain Research Organisation. Neuroscience in the Middle East, Al Ain University, 7-9, Feb, 2011. Al Ain –UAE.
11. Challenges of long term care at home and nursing homes. Academy for Medicine of Ageing. Health Care Services for the Elderly. Nov 27-30<sup>th</sup> , 2011. Doha-Qatar.
12. Health care services for the elderly in the current situation and future aspiration. Academy for Medicine of Ageing. Health Care Services for the Elderly. Nov 27-30<sup>th</sup> , 2011. Doha-Qatar.
13. Update on Diagnosis and management of Alzheimer's disease. Academy for Medicine of Ageing. Health Care Services for the Elderly. Nov 27-30<sup>th</sup> , 2011. Doha-Qatar.
14. Overview of ageing in adults with intellectual disabilities in the region. Seminaire International. **'Handicap intellectuel et Viellissement'**. Order of Physicians, Oct 28-29, 2011. Furn El Chebbak-Beirut-Lebanon.
15. Update on management of osteoporosis. Family Medicine Conference, Oct 23-25 2011. Abu Dhabi National Exhibition Center, Abu Dhabi-UAE.
16. Hormonal rejuvenation-Growth hormone. Second session of the Third Advanced Postgraduate Course. Prevention of age related disorders & main geriatric syndromes. April 6-8, 2011. Dubai , UAE.

17. Recent Advances in the Diagnosis and Management of Alzheimer's Disease. Update on the diagnosis and management of geriatrics giants. Primary health care services sector-DHA Dubai & Academy for Medicine of Ageing. April 9-2011. Dubai-UAE.
18. Update on the diagnoses and management of Alzheimer's disease . Lebanese order of Physiiciens, March 11, 2011. Tripoli Lebanon.
19. New development in the management of Osteoporosis. Lebanese order of Physicians, Feb 11, 2011. Tripoli Lebanon.
20. World and demographic ageing . Academy for Medicine of Ageing :Third Postgraduate Advanced Course ; Session 1: Very old patient centered medicine. Nov 3-6, 2010. Tripoli-Lebanon.
21. The greying world: curent data and perspectives : curent situation and perspectives. The Second Congress on Age, Ageing & Alzheimer's : Challenges in Geriatric Care Nov 4-6, 2009. Tripoli-Lebanon.
22. Challenges of technology transformation and implementation of hospital management information system. Euro-Mediterranean Medical Informatics and telemedicine 5<sup>th</sup> international conference. Hotel-Dieu de France-Beirut-Lebanon. Oct 16-18 2009.
23. Improving quality in elderly care. Improving Quality of care in senior citizens institutions. Dar Al-Ajaza Al Islami Hospital Elderly care """. Monroe hotel, Beirut-Lebanon Oct 3 2009.
24. The Role of the Eastern Mediterranean region in preparing health leaders in the field of age and ageing. GCC meeting on elder care. Riyadh Saudi Arabia, March 17-18, 2009.
25. Uro-genital problem in the elderly. Elderly home care conference: For better elderly care. RAK Cultural Center, Federal Primary Health Care in Ministry of Health. Ras Al Khaimeh , UAE ,Dec 19-20, 2008.
26. Use of stem cells in Neurological diseases. International Congress in Aesthetic, Anti-Aging Medicine and Medical Spa Middle East. Dubai 29,30 Nov 2008.

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27. Primary Health Care for the future and Development of family medicine in the Middle-East. Qatar Primary Health Care 2008 “The Foundation of Health and Wellbeing” 1-4 Nov 2008. Doha, Qatar.
28. Herbal Medicine in the Elderly: Beneficial or harmful effect . Herbal Therapies & Nutritional Supplements Conference. Global University. Beirut-Lebanon, May 3<sup>rd</sup> 2008.
29. Elderly care within Primary health care . International Family Medicine Symposium. Abu Dhabi-UAE, 13<sup>th</sup> Feb 2008.
30. New Perspective on Ageing World wide and in the Middle East. Health Authority-Abu Dhabi. Abu Dhabi-UAE, Sept 11, 2007.
31. Assessment of the Elderly Patient. Health Authority-Abu Dhabi. Abu Dhabi-UAE, Sept 11, 2007.
32. Emerging new treatment for obesity. Primary Health Care: Metabolic Syndrome and Associated diseases. Abu Dhabi, UAE Sept 2-4. 2007.
33. Identifying and analysing the forces behind medical tourism. Health Care Management Forum 2007 IIR. Abu Dhabi-UAE, 2-6 Sept 2007.
34. Challenges of Geriatrics and Gerontology in the Middle East: The First Congress on Aging, Istanbul, Turkey, March 15-19, 2006.
35. Education and training for Geriatrics and Gerontology in the Middle East: The First Congress on Aging, Istanbul, Turkey, March 15-19, 2006.
36. National action plan for the aging population in the : The First Congress on Aging, Istanbul, Turkey, March 15-19, 2006.
37. Workshop on Mental Health in Primary Care: Depression Recognition and Management, Department of Primary Care :General Authority for Health Services for the Emirate of Abu Dhabi, Abu Dhabi , June 23<sup>rd</sup> , 2005.
  - a. Recognition of Depression in Primary Care
  - b. Depression in the Special Population
38. Middle East Academy for Medicine of Aging. Fourth session of the first course. Health Care Services for older people providing services and training: evaluation of results and problems, future development . July 7<sup>th</sup>-10<sup>th</sup> , 2005. Tripoli-Lebanon.
  - a. How to start a Geriatric & Gerontology Society

39. Mental Health in Primary Care: Depression Recognition & Management .  
Department of Primary Health Care & Preventive Services, Division of  
Health Affairs . General Authority for Health Services for the Emirate of  
Abu Dhabi & Department of Psychiatry-Faculty of Medicine UAE  
University June 23<sup>rd</sup> , 2005.
  - a. Recognition of Depression in Primary Care.
40. Career Development in Family Medicine. Family Medicine Sector of  
Emirate Medical Association. May 12, 2005- Dubai, UAE.
41. The Sharajah 5<sup>th</sup> Family Medicine Symposium. Sharajah, United Arab  
Emirates Nov 24-26, 2004.
  - a. Diagnosis and management of obesity
  - b. Diagnosis and management of depression in the elderly
42. Middle EastAcademy for Medicine of Aging Third session of the first  
course Sept 29<sup>th</sup> –Oct 1<sup>st</sup> , 2004. Manama , Bahrain. Quality of life of  
demented patient.
43. New perspectives worldwide on ageing. The First Annual Middle  
Eastmeeting of Age & Ageing : Trends in management of common  
problems April 10, 2004. Quality Inn Tripoli-Lebanon.
44. Middle EastAcademy for Medicine of Aging second session of the first  
course April 7-11, 2004. Quality Inn Tripoli-Lebanon.
  - i. Elder Care , care giver and the family
  - ii. How to write a research proposal?
45. How to set up research in the health care system. Middle EastAcademy for  
Medicine of Aging first session of the first course Oct 2-5, 2003. Quality  
Inn Tripoli-Lebanon.
46. The 4<sup>th</sup> Family Medicine Symposium . Sharajah-United Arab Emirates Sep  
24- 26, 2003.
  - i. Family Medicine in the Middle East
  - ii. Challenges in Diagnosis and Management of Alzheimers’  
Disease
  - iii. Diagnosis and Management of Osteoporosis
  - iv. Assessment of the elderly patient

47. Epidemiology of Osteoporosis in the North : An initial analysis Quality Inn Tripoli- April 2003.
48. Challenges of Geriatrics and Gerontology Education in the Eastern Mediterranean Region: Current initiative in Lebanon and Personal Experience. Problematiques des Sante Des Personnes Agees En Iran Et Autres Horizon. Tehran-Iran, 1-2 October 2002.
49. Overall View of Health Care Services for the Elderly in Lebanon. Ain Wazein First Annual Elderly Conference “ Elderly Care in the 21<sup>st</sup> Century: Current Services and Future Projections”. April 27-29<sup>th</sup>, 2001. Ain Wazein Hospital-Chouf-Lebanon.
50. Comprehensive Health Care Program for the Elderly at Ain Wazein Elderly Care Center. Inter-country Workshop on the Protection and Promotion of the Health of the Elderly in The Eastern Mediterranean Region, EMRO . Beirut 23-26 April 2001.
51. Preoperative , Perioperative and Postoperative care in the Elderly. Surgery Society- North of Lebanon. March 2<sup>nd</sup>, 2001.
52. “Pathophysiology of the Ageing Kidney.” Symposium on Kidney in the Elderly, The Lebanese Society of Nephrology and Hypertension: Ain WaZein Hospital. July 8<sup>th</sup>, 2000. Chouf –Lebanon.
53. “Preliminary Statistics on Renal Function in the Elderly Care Center”. **A. Abyad** , Beayni S, El Imad Z. Symposium on Kidney in the Elderly, The Lebanese Society of Nephrology and Hypertension: Ain WaZein Hospital. July 8<sup>th</sup>, 2000. Chouf –Lebanon.
54. “Training of Family Physicians in Psychogeriatrics in Lebanon”. Regional Meeting of the Royal College of Psychiatrists in the Middle East. Nov 19-21,1999. Beirut-Lebanon.
55. “Health Care Services for the Elderly in Lebanon and the Region”. National Health Policy for The Elderly in Lebanon SALAMAR FOUNDATION Second National Meeting. Nov 12-14,1999. Beit-Meri-Lebanon.
56. “ Physical and Physiological Changes of the Cardiovascular and Respiratory System “. La Reeducation En Geriatrie. Lebanese University , Faculty of Public Health. 30/10/1999 Fanar , Beirut .

57. Toward Community Involvement in Health Care Services for the Elderly. Oct 29<sup>th</sup>, 1999. Tripoli-Lebanon.
58. "Health Care Services for the Elderly in Lebanon". Dar Al Khadamat Al Ijatamieh. "Alzheimer's Disease": Nini Hospital , Tripoli-Lebanon. Oct 8., 1998.
59. "Management of the elderly with hypertension which elderly with hypertension should be treated?". Update in Hypertension in the Elderly, The Lebanese Hypertension League & Ain Wazein Hospital. Ain Wazein Hospital, Chouf, Lebanon. Sept 5<sup>th</sup>, 1998.
60. "Family Medicine: Scope of Practice and Training". The First National Egyptian Family Medicine conference. In Conjunction with University of California, Irvine College of Medicine, Department of Family Medicine. Cairo, Egypt May 30-June 1, 1998.
  - i. Geriatrics and Gerontology: The principles, the facts
  - ii. Prevention and Health Maintenance in the Elderly
  - iii. Pressure Sore: Diagnosis, Prevention , and Management
  - iv. Alzheimer Disease: An Update.
61. " Scope of Geriatric Medicine". The Sixth International Health & Hospitalization Congress. Health Security....Quality & Cost. 10-14 Oct. 1995. City Exhibition Center, Martyr Square Beirut. The Syndicate of Hospitals in Lebanon.
62. " Hypertension in the elderly diagnosis and management". IInd Pan Arab Hypertension Congress. July 30-Aug 3, 1995. American University of Beirut. (Printania, Bramana).
63. " Geriatrics & Gerontology: Concepts & Ideas" Programme de formation Continue Pour Medecins et Infirmieres. Hopital Ain Wazein & Le Consortium des O.N.G.s de Belgique. Sept. 2, 1995.
64. " Family Medicine in Lebanon" Jordanian order of physicians-Family Medicine Section. July 14, 1994. Amman, Jordan.
65. " Geriatric The Concept the Principles" Jordanian order of physicians-Family Medicine Section. July 14, 1994. Amman, Jordan.
66. "Depression in the Elderly-When to look for B12, Folate Deficiency". Mental Health and the Medical Health Discipline. The Arab Boards of Medical Specialties ( Psychiatry). ACTL Kaslik, Lebanon , Mar 3-5, 1994.

## **Workshops and Seminars**

### ***International***

1. Functional Assessment of the Elderly “Family Medicine: Scope of Practice and Training”. The First National Egyptian Family Medicine conference. In Conjunction with University of California, Irvine College of Medicine, Department of Family Medicine. Cairo, Egypt May 30-June 1, 1998.
2. “ Writing for Publication” Workshop. 14th WONCA World Conference “ Family Medicine Meeting New Challenges” Hong Kong Convention & exhibition Center, Hong Kong , June 10-14,1995.
3. " Use of Receiver Characteristic Curves" Seminar Presentation. 13th Annual Northeast Regional Meeting of the Society of Teachers of Family Medicine. " Looking beyond The Office... Family Medicine & Community Health". Philadelphia, U.S.A. Oct. 27-30,1994.
4. 1992 Summer Externship Preliminary Evaluation. Prepared by F.A. Hale, A. Abyad. Arizona AHEC System, Annual Workshop/Retreat, White Stallion Ranch, Nov. 20, 1992.

### ***Regional***

1. NGO Capacity Building Program, MUBS Modern University-Beirut-Lebanon Nov 29<sup>th</sup> , Dec 1<sup>st</sup> , 2010.
2. Principle of Geriatric and Gerontology workshop for Family Medicine Residency Program at Sheikh Khalifa Medical City. Feb 7-12-2010.
3. Workshop of Al Urfan Center for Parental Care (UCPC). Train the trainer for the care of the elderly. Manama Bahrain June 10, 2007.  
a-Challenges of Ageing in the Middle East.  
b-Challenges of Education and training in the ageing field.
4. Workshop (Health Care System in the UAE ) for the Nutrition students at United Arab Emirates University , May 9<sup>th</sup> , 2007.



## **Poster Sessions**

### ***International***

1. Abyad A, Bayeni S. Prevalence and Correlate of Dementia in a comprehensive health care program for the elderly at Ain WaZein. The 8<sup>th</sup> international meeting of Alzheimer's Disease and related disorders. Sweden –July 20-25, 2002.
2. Abyad A., Bayeni S. Evaluation of Geriatrics Rotation for Postgraduate Residents at Ain WaZein Nursing Home. Promoting Excellence in Family Medicine - WONCA meeting –London –June 9-13-2002.
3. Abyad A., Bayeni S. Nutritional Disorder as a cause of Psychiatric Problems in the elderly. 1<sup>st</sup> Congress of the International Academy on Nutrition and Aging . June 29-30, 2001. Paris-France.
4. Abyad A. Health Care of Older Persons: A Country Profile-Lebanon. Make a Difference: Lebanese American University First International Clinical Conference. May 4-5-2001. Byblos-Lebanon.
5. Khalil S, Abou Chakra M, Abyad A. SALAMAR Foundation for Social Development: The Beginning. 14<sup>th</sup> International Conference of Alzheimer's Disease International: Dementia the Global Challenge. Cochin, India. 24<sup>th</sup>-27<sup>th</sup> Sept 1998.
6. Abyad A “Family Medicine in the Middle-East: A reflection on the Experience of Several Countries”. People and their Family Doctors, 15<sup>th</sup> World Organization of Family Medicine: World Conference. WONCA Dublin, Ireland 14-18 June. 1998.
7. Abyad A, A. Hamadan. “ Screening for hearing loss”. People and their Family Doctors, 15<sup>th</sup> World Organization of Family Medicine: World Conference. WONCA Dublin, Ireland. 14-18 June. 1998.
8. Hamdan A, Abyad A. The Effect of Nasal Surgery on Snoring. 15<sup>th</sup> World Organization of Family Medicine: World Conference. WONCA Dublin, Ireland 14-18 June. 1998.
9. Abyad A, Hamdan A. Bitar F. History of Chocking: How significant in Children with Foreign Body Aspiration. 15<sup>th</sup> World Organization of Family Medicine: World Conference. WONCA Dublin, Ireland 14-18 June. 1998.

10. "Comprehensive Health Care Program for the Elderly at Ain Wazein a Pioneer Project". The Elderly People and Their Quality of Life. 1<sup>st</sup> Viennese International Geriatric Congress. Vienna, Austria. May 8-9. 1998.
11. "A Required Fourth Year Family Medicine Clerkship: An experience with starting the rotation". 14th WONCA World Conference "Family Medicine Meeting New Challenges" Hong Kong Convention & exhibition Center, Hong Kong, June 10-14, 1995.
12. "Receiver-Operating-Characteristic-Curve (ROC): Use in the medical literature. 14th WONCA World Conference "Family Medicine Meeting New Challenges" Hong Kong Convention & exhibition Center, Hong Kong, June 10-14, 1995.
13. "Evaluation of a Summer Preceptorship". 14th WONCA World Conference "Family Medicine Meeting New Challenges" Hong Kong Convention & exhibition Center, Hong Kong, June 10-14, 1995.
14. "Screening Neuropsychiatric Testing in the Elderly: Impact of Ethnicity, Literacy Level and Prior Occupation Status." Second International symposium on Neurobiology & Neuroendocrinology of Aging July 24-29, 1994, Bregenz, Vorarlberg, Austria.
15. "Primary Polycythemia Vera". The American Geriatric Society, Annual Scientific Meeting, "Shaping the future of Health Care for Older Adults". New Orleans Nov. 15-19, 1993.
16. "Is it General Paresis" The American Geriatric Society, Annual Scientific Meeting, "Shaping the future of Health Care for Older Adults". New Orleans Nov. 15-19, 1993.
17. "Geriatric in the Middle-East". The Gerontological Society of America, 46th Annual Scientific Meeting, "Adding Life to years". New Orleans Nov. 19-23, 1993.
18. "Screening Neuropsychiatric Testing in Low-Income Elderly: Impact of Ethnicity, Literacy Level and Prior Occupation Status." XVth International Congress on Gerontology, July 4-9, 1993, Budapest, Hungary.

19. "Factors influencing Physician's Decision to Enroll in Geriatric Fellowship." XVth International Congress on Gerontology, July 4-9, 1993, Budapest, Hungary.
20. "Screening Neuropsychiatric Testing in Low-Income Elderly: Impact of Ethnicity, Literacy Level and Prior Occupation Status." International Conference on "Chronic Diseases and Changing Care Patterns in an Aging Society." Amsterdam, June 9-11, 1993.
21. "Screening Neuropsychiatric Testing in Low-Income Elderly" WONCA/SIMG Congress 1993 "Duality Care in Family Medicine/General Practice, June 13-17, The Hague, The Netherlands.
22. "Duality Care in Family Medicine/General Practice, June 13-17, The Hague, The Netherlands. 1993.
23. "Effect of Civil War on Depression Prevalence." WONCA/SIMG Congress 1993.
24. "Geriatrics In Lebanon: The Beginning" 45th Annual Scientific Meeting: The Gerontological Society of America, Washington, DC, Nov.18-22,1993.
25. "Shy-Dragger Syndrome. Management of Manifestation" 49th Annual Scientific Meeting of the American Geriatrics Society and the 13th Annual Scientific Meeting of the American Federation for Aging Research, Washington, DC, Nov. 14-18, 1992.
26. "Hereditary Ataxia in the Elderly" 49th Annual Scientific Meeting of the American Geriatrics Society and the 13th Annual Scientific Meeting of the American Federation for Aging Research, Washington, DC, Nov. 14-18, 1992.
27. "Asymptomatic Bacteriuria in Pregnancy." 13th WONCA World Conference on Family Medicine, Vancouver, B.C., Canada, May 9-14, 1992.
28. "How Safe is Family Medicine Obstetrics?" 13th WONCA World Conference on Family Medicine, Vancouver, B.C., Canada, May 9-14, 1992.
29. "Cobalamine Injection, Is It Useful in Lumbosacral Disc Disease?" 13th WONCA World Conference on Family Medicine, Vancouver, B.C., Canada, May 9-14, 1992.

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## **VII. LICENSES**

Lebanese Medical License No , 88-348 1988-Present.  
ECFMG, 1988.

## **VIII. International Organization Provider**

International Association for medical assistance to travellers IAMAT.  
Regional Medical Advisor: MEDEX Worldwide traveller's assistance.  
High Way to Health. Worldwide provider

## **VIII. HONORS AND AWARDS**

Dr. Franklin G.Ebaugh Jr. The American Academy of Continuing Medical Education: The Eastern Mediterranean Regional Office. In recognition of his contribution and support to continuing medical education and professional development in the United Arab Emirates. Oct 2007.

Dr . Arthur Bloomfield Award for Excellence in Medical Education. The American Academy of Continuing Medical Education: The Eastern Mediterranean Regional Office. In recognition of his contribution and support to continuing medical education and professional development in the United Arab Emirates. September 2006.

Associate Fellow of the Australian College of Health Service Executive, Australia, 2006.

Listed in Arab Population and Development Experts Database",PPMD, League of Arab States, since 2006.

Award of Excellence on Health Policy & Management project, Rochville University , USA , 2006.

Certificate of Distinction in appreciation of outstanding performance in Ethical Issues in Health , Rochville University , USA , 2006.

Fellow of the 21<sup>st</sup> Century Trust, UK . Since 2005.

Fellow / American Society of Geriatrics since 1995.

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### **VIII. HONORS AND AWARDS**

Honorary Member , Arab Health Water Association.

First Prize in Medical Research at the IAMAT , Lebanon 2000.

Appeared in Who's Who in Science and Engineering, 4<sup>th</sup> Edition , Marquis. USA, 1988.

Elected Fellow to the Royal College of Medicine. United Kingdom. 1998.

Elected Fellow to The American Geriatric Society, USA since 1994.

First Place in the Arizona Academy of Family Physicians Call for Research Paper February 29, 1992.

Fourth prize in the "science contest" carried by the Science Subcommittee of the AUB Alumni Association.

Dean's List - 1979-1982. American University of Beirut.

**IX. ACADEMIC AND RESEARCH INTEREST**

- Health Services Research.
- Project Management and Human Resources
- Need Assessment analysis of CME in the Emirate of Abu Dhabi.
- Depression in the elderly , validity , prevalence and treatment.
- Dementia epidemiology, outcome and services.
- Designing and improving geriatric care in the Middle-East.
- Quality of care in family and geriatric Medicine.
- Curriculum development in geriatric at the undergraduate and the postgraduate level.
- Residents and medical students evaluation.
- Computer usage and application in primary care.
- Cost effectiveness of screening tests and their usefulness.
- Advance Directive and CPR outcome.
- Ethical issues related to terminal illness and hospice care.
- The effectiveness of preventive strategies.

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## **X. GRANTS STUDIES AND PROPOSAL**

Abyad A. Longevity Study-Centenarian: Correlation of social, medical and genetic variables in Lebanon. Abyad Medical Center, Tripoli-Lebanon & Centagenetix, Inc Delaware , USA, 2002-2004.

Abyad A. Community Care of elderly in the Eastern Mediterranean Countries - Lebanon: in Collaboration with World Health Organisation (WHO) regional office- the eastern Mediterranean Countries (EMERO). 2002.

CHOOSE Study: Participated in the CHOOSE Study for Lilly in Lebanon. 2002.

Vioxx Study: Participated in the Vioxx Compliance study for MSD in Lebanon, 2002.

Abyad. A, Sibai. A. Depression Symptoms in the elderly in the aftermath of the civil war, Research Grant from MPPRF, American University of Beirut Medical Center. \$ 2500-1994-1995.

Psycho Geriatric Services as a part of Comprehensive Health care program for the elderly at Ain and ZEIN hospital, Chouf area, Lebanon. Khogali, M, Antoun F. Shakra M, Emad Z, Abyad, A. Submitted for Division of Mental Health WHO (EMRO). Alexandria, Egypt.

Abyad A. Community Action-Family Health Center An Integrated Approach for Primary Health Care, Submitted for CDR 1991.

Abyad. A, Sibai. A, Antoune. F, Khogali. M, Dinan. T. Depressive symptoms in the elderly in the aftermath of the civil war: An epidemiological and endocrinological correlates. Submitted for funding from the Regional Committee Secretariat, Sandoz foundation for Gerontological Research, NSW. Australia 1994.

Abyad. A, Antun F. Comprehensive Psycho geriatric Services within Ain & Zein Hospital, Chouf , Lebanon. A report I & II submitted to WHO Geneva, in an effort to establish a WHO collaborative center for psychogeriatrics in Ain & Zein.

**XI. PERSONAL Information**

Name: Abdulrazak Abyad  
Date of Birth: April 7, 1959  
Married : To Rima AL Khatib  
Children : Omar age 12 years. Riwa and Razan Age 10 years  
Languages: Arabic, English, French (Written/Spoken)  
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**<http://www.amclb.com>,**



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## **XII References**

### **1-Europe**

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### **2-USA**

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### **3-Middle East**

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**XIII. FUTURE ACTIVITIES**

2013      The 20<sup>th</sup> IAGG World Congress of Gerontology and Geriatrics. June  
23-27, 2013. Seoul, South Korea