



### **Suicidal Behavior in Muslim Majority Countries Epidemiology, Risk Factors, and Prevention**

S. M. Yasir Arafat, Mohsen Rezaeian and Murad M. Khan (Editors)

With so many existing and emerging issues affecting mental health globally, this work is a timely review of issues faced specifically in Muslim (majority) countries. The editors advise there has been no serious attempt to study suicidal behaviors in Muslim-majority countries previously and the book covers epidemiology, risk factors of suicidal behavior, and the challenges of suicide prevention.

The book will serve as a useful resource for family doctors who may be the first point of contact of potential suicides, as well as policymakers, public health specialists, mental health professionals and non-governmental and voluntary organizations interested in suicide prevention in Muslim-majority countries and in Muslim populations in non-Islamic countries.

The book was compiled by S. M. Yasir Arafat, Mohsen Rezaeian and Murad M. Khan who have a deep, ongoing interest in the topic. Previous articles include:

Arafat SMY, Baminiwatta A, Menon V, Singh R, Varadharajan N, Guhathakurta S, Mahesar RA, Rezaeian M. Prevalence of suicidal behaviour among students living in Muslim-majority countries: systematic review and meta-analysis. *BJPsych Open*. 2023 Apr 14;9(3):e67. doi: 10.1192/bjo.2023.48.

Arafat S M Y, Menon V, Hussain F, Rezaeian M. Suicidal Behavior and Suicide Research during COVID-19 Pandemic in Muslim-Majority Countries: A Rapid Review. *JSP*. 2022; 4 (1) :3-23.

Arafat SMY, Marthoenis M, Khan MM, Rezaeian M. Association between Suicide Rate and Human Development Index, Income, and the Political System in 46 Muslim-Majority Countries: An Ecological Study. *Eur J Investig Health Psychol Educ*. 2022 Jul 9;12(7):754-764. doi: 10.3390/ejihpe12070055. PMID: 35877455; PMCID: PMC9318836.

Arafat SMY, Khan MM, Menon V, Ali SA, Rezaeian M, Shoib S. Psychological autopsy study and risk factors for suicide in Muslim countries. *Health Sci Rep*. 2021 Oct 1;4(4):e414. doi: 10.1002/hsr2.414. PMID: 34622034; PMCID: PMC8485607.

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